

Ascentis Entry 3 and Level 1 Award and Certificate in

Skills Towards Enabling Progression (Step Up)

Overview Specification

For Regulation codes, please see page 4

Ofqual Start Date: 01/03/2013
Ofqual Review Date: 31/07/2027
Ofqual Certification Review Date: 31/07/2028

Qualification Overview

These qualifications' main purpose is to help you to achieve a skill set that will enable you to operate independently and effectively in life, learning and work.

Many young people and adults need support to overcome barriers which are preventing them from achieving what they want to in life and work. These qualifications offer a flexible and broad range of subjects which can be tailored to your needs to help you to learn new skills and knowledge.

There are several features of these qualifications that make them very appropriate for their target learners:

- Unit certification is available for each of the units
- Verification and certification can be offered throughout the year, allowing maximum flexibility for centres
- Evidence can be generated within a wide range of organisational contexts, allowing the qualifications to meet the specific occupational requirements of the learners

Aims

The aims of these qualifications are to enable learners:

- 1 To overcome barriers to entering work
- 2 To operate independently and effectively in life, learning and work

Target Group

These qualifications are designed for learners who would benefit from an individualised curriculum and can be used for learners aged 14 and above.

They are designed to support those who:

- need to develop their English, maths and interpersonal skills in order to progress in learning or employment.
- would prefer an alternative to an academic qualification.
- lack confidence in their own ability to progress in learning or work.
- would benefit from studying vocational taster units to help make career choices.

Regulation Codes

Ofqual Regulation Numbers:

Entry 3

- Ascentis Entry Level Award in Skills Towards Enabling Progression (Step Up) (Entry 3): 600/8497/2
- Ascentis Entry Level Certificate in Skills Towards Enabling Progression (Step Up) (Entry 3): 600/8498/4

Level 1

- Ascentis Level 1 Award in Skills Towards Enabling Progression (Step Up): 600/8496/0
- Ascentis Level 1 Certificate in Skills Towards Enabling Progression (Step Up): 600/8494/7

Assessment Method

All units are internally assessed through the learner building up a portfolio of evidence that covers the relevant assessment criteria. They are internally assessed and verified by the centre and then externally verified by Ascentis.

Many Ascentis units include suggested content to support wider learning opportunities across three priority areas:

- Digital
- Well-being
- Sustainability.

They are not compulsory and do not form part of the assessment. They are suggestions for tutors who may wish to link the unit content into these areas to further support learner progression in education, training and work.

Guided Learning Hours (GLH)

The recommended guided learning hours for these qualifications is:

- Entry Level Award in Skills towards Enabling Progression (Step Up) (Entry 3) is 25
- Entry Level Certificate in Skills towards Enabling Progression (Step Up) (Entry 3) is 121
- Level 1 Award in Skills towards Enabling Progression (Step Up) is 36
- Level 1 Certificate in Skills towards Enabling Progression (Step Up) is 146

Total Qualification Time (TQT)

The total qualification time for these qualifications is:

- Entry Level Award in Skills towards Enabling Progression (Step Up) (Entry 3) is 30
- Entry Level Certificate in Skills towards Enabling Progression (Step Up) (Entry 3) is 150
- Level 1 Award in Skills towards Enabling Progression (Step Up) is 60
- Level 1 Certificate in Skills towards Enabling Progression (Step Up) is 210

Age Range of Qualification

This qualification is suitable for learners aged 14+, 16–18 and 19+.

Rules of Combination

PLEASE NOTE: Units with the same title at different levels are barred.

Ascentis Entry 3 Award in Skills Towards Enabling Progression (Step Up)

Learners must achieve 3 credits from any unit group

Ecumers must demeve 5 creates from any an	N	Maximum Credits: 3		
Core Skills				
Title	Level	Credit Value	GLH	Unit Reference
Accessing Public Transport	E3	3	30	L/504/9592
Alcohol and Drug Misuse Awareness	E3	3	30	H/505/8783
Aspects of Citizenship	E3	3	30	J/504/8425
Career Preparation	E3	1	10	J/505/3740
College Induction	E3	3	30	D/504/8124
Developing Skills for a Healthy Lifestyle	E3	3	30	Y/506/5312
Developing Skills for Gaining Employment	E3	3	30	F/504/8519
Diversity in Society	E3	3	30	T/504/8565
Drug and Alcohol Misuse Awareness	E3	3	30	A/505/8708
Emotional Intelligence	E3	3	30	J/505/3737
Employment Contracts and Payslips	E3	1	10	K/505/3746
Engage in Discussion	E3	1	10	F/503/3048
Food Safety and Storage	E3	3	30	J/505/8646
Getting to Know Woodlands	E3	3	30	M/505/6468
Grammar and Punctuation in Practical Use	E3	1	10	A/506/1768
Grammar Skills	E3	1	10	A/503/3050
Groom a Small Animal	E3	2	20	D/505/0777
Health and Safety Awareness	E3	1	10	A/504/9913
Home and Personal Safety Awareness	E3	3	30	H/504/8433
Introduction to a Training Course	E3	3	30	H/504/8495
Introduction to Assertiveness and Decision Making Skills	E3	3	30	Y/505/8568
Introduction to Customer Service Skills	E3	3	30	L/505/8597
Introduction to Developing Parenting Skills	E3	3	30	D/505/8569
Introduction to Food, Drink and Cooking	E3	3	30	Y/504/8509
Introduction to Group and Teamwork Communication Skills	E3	3	30	R/505/8570
Introduction to Making and Using Story Sacks for Family Learning	E3	2	20	J/505/8548
Introduction to Road Safety	E3	3	30	F/505/8712
Introduction to Understanding Sex and Relationships	E3	3	30	H/505/8573
Issues of Substance Misuse	E3	1	10	A/504/8437

Making Choices in Pursuit of Personal Goals E3 3 30 J/506/0574 Goals 2 20 H/505/8623 Participating in a Vocational Taster E3 2 20 R/506/5308 Personal Budgeting and Managing Money E3 3 30 D/506/5313 Personal Learning Goals E3 3 30 L/505/3741 Planning for Personal Development E3 1 10 K/505/3665 Preparation for Production Skills E3 3 30 M/505/3665 Preparation for Work Experience E3 1 10 K/505/3663 Preparation for Work Experience E3 1 10 K/505/3683 Preparation for Work Experience E3 1 10 L/505/3743 Reading Grammar and Punctuation E3 2 20 M/505/3743 Reading Grammar and Punctuation E3 1 10 K/503/3156 Recognise Trees and Plants and their Importance to Wildlife E3 2 20 H/504/9565 Importa	Living in the Community	E3	3	30	R/505/8598
Goals	Making Choices in Pursuit of Personal		2	20	
Participating in a Vocational Taster E3 2 20 R/506/5308 Personal Budgeting and Managing Money E3 3 30 D/506/5313 Personal Learning Goals E3 3 30 L/505/8781 Personal Study Skills E3 3 30 L/505/3741 Planning for Personal Development E3 1 10 K/505/3665 Preparation for Production Skills E3 3 30 M/505/3665 Preparation for Work Experience E3 1 10 L/505/8583 Preparing for a Recruitment Interview E3 2 20 Y/505/3743 Reading Grammar and Punctuation E3 1 10 L/505/8583 Preparing for a Recruitment Interview E3 2 20 Y/503/3156 Reading Key Personal Words E3 1 10 K/503/3156 Recognise Trees and Plants and their Importance to Wildlife E3 2 20 H/504/9565 Recognising Employment Opportunities E3 1 10 K/504/8529	Goals	E3	3	30	J/506/05/4
Personal Budgeting and Managing Money E3 3 30 D/506/5313 Personal Learning Goals E3 3 30 A/505/8787 Personal Study Skills E3 3 30 L/505/36787 Planning for Personal Development E3 1 10 K/505/3665 Preparation for Production Skills E3 3 30 M/505/3683 Preparation for Work Experience E3 1 10 L/505/8583 Preparating for a Recruitment Interview E3 2 20 Y/505/3743 Reading Key Personal Words E3 1 10 H/503/3155 Reading Key Personal Words E3 1 10 K/503/3156 Recognise Trees and Plants and their E3 2 20 H/504/9565 Importance to Wildlife E3 2 20 H/504/9565 Recognising Employment Opportunities E3 1 10 K/503/858 Recognising Own Skills for Personal E3 3 30 D/505/858 Recognising Do	Managing Social Relationships	E3	2	20	H/505/8623
Personal Learning Goals	Participating in a Vocational Taster	E3	2	20	R/506/5308
Personal Study Skills	Personal Budgeting and Managing Money	E3	3	30	D/506/5313
Planning for Personal Development E3	Personal Learning Goals	E3	3	30	A/505/8787
Preparation for Production Skills E3 3 30 M/505/3683 Preparation for Work Experience E3 1 10 L/505/8583 Preparing for a Recruitment Interview E3 2 20 Y/505/3743 Reading Grammar and Punctuation E3 1 10 H/503/3155 Reading Key Personal Words E3 1 10 K/503/3156 Recognise Trees and Plants and their Importance to Wildlife E3 2 20 H/504/9565 Recognising Employment Opportunities E3 1 10 K/504/8529 Recognising Own Skills for Personal Development E3 3 30 D/505/8958 Recognising Own Skills for Personal Development E3 3 30 L/505/3674 Skills for Employability E3 3 30 L/505/3674 Skills for Employability E3 3 30 F/505/8788 Skills for Employability E3 3 30 A/504/8695 Speaking to Communicate E3 1 10 F/505/66764	Personal Study Skills	E3	3	30	L/505/3741
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Preparing for a Recruitment Interview E3 2 20 Y/505/3743 Reading Grammar and Punctuation E3 1 10 H/503/3155 Reading Key Personal Words E3 1 10 K/503/3156 Recognise Trees and Plants and their Importance to Wildlife E3 2 20 H/504/9565 Recognising Employment Opportunities E3 1 10 K/504/8529 Recognising Own Skills for Personal Development E3 3 30 D/505/8958 Reights and Responsibilities of Citizenship E3 3 30 L/505/3674 Skills for Employability E3 3 30 L/505/3674 Skills for Shopping E3 3 30 L/505/3674 Spelling and Handwriting Skills E3 1 10 F/506/0671 Spelling and Handwriting Skills E3 1 10 A/503/3159 Spelling in Practice E3 1 10 A/503/3162 Take Part in an Activity E3 2 20 T/504/8713	Preparation for Production Skills	E3	3	30	M/505/3683
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Reading Key Personal Words E3 1 10 K/503/3156 Recognise Trees and Plants and their Importance to Wildlife E3 2 20 H/504/9565 Recognising Employment Opportunities E3 1 10 K/504/8529 Recognising Own Skills for Personal Development E3 3 30 D/505/8958 Rights and Responsibilities of Citizenship E3 3 30 L/505/3674 Skills for Employability E3 3 30 L/505/3674 Skills for Employability E3 3 30 F/505/8788 Skills for Shopping E3 3 30 F/505/8788 Skills for Shopping E3 3 30 A/504/8695 Speaking to Communicate E3 1 10 F/506/0671 Spelling and Handwriting Skills E3 1 10 A/503/3159 Spelling in Practice E3 1 10 A/503/3162 Take Part in an Activity E3 2 20 T/504/8713 Teamwork Skills </td <td>Preparing for a Recruitment Interview</td> <td>E3</td> <td>2</td> <td>20</td> <td>Y/505/3743</td>	Preparing for a Recruitment Interview	E3	2	20	Y/505/3743
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Teamwork Skills E3 2 20 R/505/5698 The Local Community E3 1 10 F/505/3672 Understanding Family Relationships E3 3 30 D/505/1279 Understanding How and Why to Support Children in Family Learning E3 3 30 D/505/8572 Understanding Self and Others E3 3 30 K/506/0678 Using a Personal Learning Programme E3 3 30 J/505/8789 Using Computers for Family Learning E3 2 20 A/504/8857 Using Punctuation E3 1 10 F/503/3289 Volunteering E3 2 20 M/505/8592 Work Experience E3 3 30 L/504/8720 Writing Composition Skills E3 1 10 T/506/1770	Spelling in Practice	E3	1	10	A/503/3162
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Understanding How and Why to Support Children in Family Learning E3 3 30 D/505/8572 Understanding Self and Others E3 3 30 K/506/0678 Using a Personal Learning Programme E3 3 30 J/505/8789 Using Computers for Family Learning E3 2 20 A/504/8857 Using Punctuation E3 1 10 F/503/3289 Volunteering E3 2 20 M/505/8592 Work Experience E3 3 30 L/504/8720 Writing Composition Skills E3 1 10 T/506/1770	The Local Community	E3	1	10	F/505/3672
Children in Family Learning E3 3 D/505/8572 Understanding Self and Others E3 3 30 K/506/0678 Using a Personal Learning Programme E3 3 30 J/505/8789 Using Computers for Family Learning E3 2 20 A/504/8857 Using Punctuation E3 1 10 F/503/3289 Volunteering E3 2 20 M/505/8592 Work Experience E3 3 30 L/504/8720 Writing Composition Skills E3 1 10 T/506/1770	Understanding Family Relationships	E3	3	30	D/505/1279
Using a Personal Learning Programme E3 3 30 J/505/8789 Using Computers for Family Learning E3 2 20 A/504/8857 Using Punctuation E3 1 10 F/503/3289 Volunteering E3 2 20 M/505/8592 Work Experience E3 3 30 L/504/8720 Writing Composition Skills E3 1 10 T/506/1770		E3	3	30	D/505/8572
Using Computers for Family Learning E3 2 20 A/504/8857 Using Punctuation E3 1 10 F/503/3289 Volunteering E3 2 20 M/505/8592 Work Experience E3 3 30 L/504/8720 Writing Composition Skills E3 1 10 T/506/1770	Understanding Self and Others	E3	3	30	K/506/0678
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Volunteering E3 2 20 M/505/8592 Work Experience E3 3 30 L/504/8720 Writing Composition Skills E3 1 10 T/506/1770	Using Computers for Family Learning	E3	2	20	A/504/8857
Work Experience E3 3 30 L/504/8720 Writing Composition Skills E3 1 10 T/506/1770	Using Punctuation	E3	1	10	F/503/3289
Writing Composition Skills E3 1 10 T/506/1770	Volunteering	E3	2	20	M/505/8592
	Work Experience	E3	3	30	L/504/8720
Young People, Law and Order E3 3 30 K/505/3679	Writing Composition Skills	E3	1	10	T/506/1770
	Young People, Law and Order	E3	3	30	K/505/3679

Otional Units				
Administration				
Reception and Filing Skills	E3	3	30	H/505/3194
Using the Telephone and Photocopier	E3	3	30	A/505/8790
Animal Care				
Assist with Catching and Restraining a	E3	2	20	V/F0F/0F00
Small Animal	E3	2	20	K/505/8588
Check that a Small Animal is Healthy	E3	2	20	L/504/9561
Developing Confidence Working With	E3	3	30	R/504/9562
Animals		3	30	11/30-1/3302
Recognise Types and Parts of the Body of	E3	2	20	K/504/9566
Small Animals				, ,
Building and Construction				11/202/1001
Health and Safety in Construction	E3	3	30	H/505/1381
Introduction to Carpentry and Joinery	E3	3	30	Y/505/3192
Child Development and Well Being				
Communication Between Children Aged 0-	E3	3	30	F/504/9606
3 Years and Adults		2	20	D /505 /2675
Human Growth and Development	E3	3	30	R/505/3675
Introduction to Developing Skills for Caring	E3	3	30	M/505/8785
for your Child Introduction to Food and Nutrition for				
Children and Young People	E3	3	30	R/505/3210
Introduction to Preparing, Presenting and				
Keeping Food for	E3	3	30	J/505/8713
Children and Young People	23	J	30	3/303/0713
Respecting Children	E3	3	30	J/504/9610
Crafts, Creative Arts and Design				
			2.0	11/505/503
Basic Craft Skills	E3	3	30	H/505/5687
Garment Making	E3	3	30	Y/505/3600
Needle/Textile Crafts	E3	3	30	D/505/5686
Using Mixed Media in 2D	E3	3	30	J/505/3608
Environmental Conservation			,	
Environmental Sustainability	E3	1	10	J/505/8503
History				
Discover Local History	E3	3	30	A/505/3606
Horticulture and Forestry				
Amenity Horticulture Skills	E3	3	30	K/505/8929
Clearing and Weeding a Garden	E3	2	20	F/505/0397
Developing an Awareness of Soil Types	E3	3	30	D/505/6451
and Garden Habitats	ES	3	30	עס אָטט אָט (טט
Developing Skills for Using and	E3	3	30	D/505/6465
Maintaining Garden Tools	LJ		30	D/ 303/ 0403
Introduction to Cultivating Plant Cuttings	E3	3	30	A/504/5330

Introduction to Garden Maintenance Skills	E3	3	30	T/505/8786
Introduction to Propagation of Plants	E3	3	30	Y/505/3211
Sowing and Growing Plants	E3	3	30	K/505/3195
ICT	<u> </u>	9	30	17,303/3133
Audio and Video Software	E3	2	15	Y/505/6366
Computer Basics	E3	1	10	R/505/1652
Computer Security and Privacy	E3	1	10	L/505/8535
Data Management Software	E3	2	15	H/505/6368
	E3	2	15	
Design and Imaging Software				H/505/6371
Desktop Publishing Software	E3	2	15	F/505/3185
Digital Lifestyle	E3	2	20	K/505/1673
Introduction to Using the Internet for	E3	1	10	L/506/5307
Shopping			2.0	1/ / 505 / 204 4
IT User Fundamentals	E3	2	20	K/505/3214
Personal Digital Photograph Processing	E3	1	10	F/505/1677
Presentation Software	E3	2	20	A/505/3217
Spreadsheet Software	E3	2	15	L/505/3223
The Internet and World Wide Web	E3	1	10	T/505/8545
Using Email	E3	1	10	Y/505/3225
Using Graphics Software	E3	1	10	J/504/8960
Using Mobile IT Devices	E3	1	10	L/505/6378
Word Processing Software	E3	2	15	M/505/3229
Performing Arts				
Basic Performance Skills	E3	3	30	D/505/1007
Physical Performance Skills	E3	3	30	Y/505/3595
Retail and Commercial Enterprises				
Basic Cooking	E3	2	20	K/505/3181
Basic Food Preparation	E3	2	20	M/505/3182
Customer Service in the Hospitality	E3	1	10	T/505/3183
Industry	25	1	10	1/303/3183
Hair Plaiting	E3	3	30	F/505/8595
Hairdressing: Introduction to Assisting a	E3	3	30	L/505/3187
Stylist	ES	5	30	L/303/3167
Hand Care	E3	2	20	L/505/6106
Introduction to Keeping the Work Area				
Clean, Tidy and Safe in a Retail	E3	3	30	A/501/9522
Clean, Tidy and Safe in a Retail Environment	E3	3	30	A/501/9522
Environment	E3	3	30	A/501/9522 T/505/8402
Environment Introduction to Looking after Customers in				
Environment Introduction to Looking after Customers in a Retail Environment	E3	3	30	T/505/8402
Environment Introduction to Looking after Customers in a Retail Environment Serving Food and Drink	E3 E3	3 2	30	T/505/8402 T/505/6133
Environment Introduction to Looking after Customers in a Retail Environment Serving Food and Drink Skin Care	E3 E3	3 2	30	T/505/8402 T/505/6133
Environment Introduction to Looking after Customers in a Retail Environment Serving Food and Drink Skin Care Sport, Leisure and Recreation	E3 E3 E3	3 2 2	30 20 20	T/505/8402 T/505/6133 F/505/6135
Environment Introduction to Looking after Customers in a Retail Environment Serving Food and Drink Skin Care Sport, Leisure and Recreation Improving Own Fitness	E3 E3 E3 E3 E3	3 2 2 2	30 20 20 30	T/505/8402 T/505/6133 F/505/6135 L/505/8549
Environment Introduction to Looking after Customers in a Retail Environment Serving Food and Drink Skin Care Sport, Leisure and Recreation Improving Own Fitness Indoor Team Games	E3 E3 E3 E3 E3	3 2 2 2 3 3	30 20 20 30 30	T/505/8402 T/505/6133 F/505/6135 L/505/8549 A/505/8644

Transport, Operations and Maintenance				
Checking and Maintaining Car Tyre	E3	1	10	T/505/4401
Pressures and Tread	2	1	10	1/303/4401
Checking and Maintaining Fluid Levels on a	E3	1	10	L/505/0094
Car	LS	1	10	L/303/0094
Clean and Prepare a Cycle for Use	E3	1	10	J/504/9574
Identification of Basic External and	E3	1	10	R/505/3188
Internal Car Parts	LS	1	10	N/303/3188
Motor Vehicle Workshop Tools and	E3	2	20	A/505/0107
Equipment	ES	2	20	A/303/0107
Routine Vehicle Checks	E3	2	20	F/505/3221
Routine Wheel and Tyre Checks	E3	2	20	J/505/3222
Valeting a Car Interior	E3	1	10	T/505/8707
Washing a Car Exterior	E3	1	10	L/505/0418

Ascentis Entry 3 Certificate in Skills Towards Enabling Progression (Step Up)

Learners must achieve 15 credits overall. 3 credits must be achieved from Core Skills. Learners may achieve the remaining credits from any unit group. A maximum of 6 credits may be taken from the ICT units. A maximum of 6 credits can be taken at Level 1.

Maximum Credits: 15

Unit Group A: Core Skills				XIIIIdili Credits. 15
Title	Level	Credit Value	GLH	Unit Reference
Accessing Public Transport	E3	3	30	L/504/9592
Alcohol and Drug Misuse Awareness	E3	3	30	H/505/8783
Aspects of Citizenship	E3	3	30	J/504/8425
Career Preparation	E3	1	10	J/505/3740
College Induction	E3	3	30	D/504/8124
Developing Skills for a Healthy Lifestyle	E3	3	30	Y/506/5312
Developing Skills for Gaining Employment	E3	3	30	F/504/8519
Diversity in Society	E3	3	30	T/504/8565
Drug and Alcohol Misuse Awareness	E3	3	30	A/505/8708
Emotional Intelligence	E3	3	30	J/505/3737
Employment Contracts and Payslips	E3	1	10	K/505/3746
Engage in Discussion	E3	1	10	F/503/3048
Food Safety and Storage	E3	3	30	J/505/8646
Getting to Know Woodlands	E3	3	30	M/505/6468
Grammar and Punctuation in Practical Use	E3	1	10	A/506/1768
Grammar Skills	E3	1	10	A/503/3050
Groom a Small Animal	E3	2	20	D/505/0777
Health and Safety Awareness	E3	1	10	A/504/9913
Home and Personal Safety Awareness	E3	3	30	H/504/8433
Introduction to a Training Course	E3	3	30	H/504/8495
Introduction to Assertiveness and Decision Making Skills	E3	3	30	Y/505/8568
Introduction to Customer Service Skills	E3	3	30	L/505/8597
Introduction to Developing Parenting Skills	E3	3	30	D/505/8569
Introduction to Food, Drink and Cooking	E3	3	30	Y/504/8509
Introduction to Group and Teamwork Communication Skills	E3	3	30	R/505/8570
Introduction to Making and Using Story Sacks for Family Learning	E3	2	20	J/505/8548
Introduction to Road Safety	E3	3	30	F/505/8712
Introduction to Understanding Sex and Relationships	E3	3	30	H/505/8573
Issues of Substance Misuse	E3	1	10	A/504/8437
Living in the Community	E3	3	30	R/505/8598
Making Choices in Pursuit of Personal	E3	3	30	J/506/0574
Goals Managing Social Relationships	E3	2	20	H/505/8623
ivialiagilig social relationsilips	EO		20	T/3U3/6023

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Participating in a Vocational Taster	E3	2	20	R/506/5308
Personal Budgeting and Managing Money	E3	3	30	D/506/5313
Personal Learning Goals	E3	3	30	A/505/8787
Personal Study Skills	E3	3	30	L/505/3741
Planning for Personal Development	E3	1	10	K/505/3665
Preparation for Production Skills	E3	3	30	M/505/3683
Preparation for Work Experience	E3	1	10	L/505/8583
Preparing for a Recruitment Interview	E3	2	20	Y/505/3743
Reading Grammar and Punctuation	E3	1	10	H/503/3155
Reading Key Personal Words	E3	1	10	K/503/3156
Recognise Trees and Plants and their Importance to Wildlife	E3	2	20	H/504/9565
Recognising Employment Opportunities	E3	1	10	K/504/8529
Recognising Own Skills for Personal Development	E3	3	30	D/505/8958
Rights and Responsibilities of Citizenship	E3	3	30	L/505/3674
Skills for Employability	E3	3	30	F/505/8788
Skills for Shopping	E3	3	30	A/504/8695
Speaking to Communicate	E3	1	10	F/506/0671
Spelling and Handwriting Skills	E3	1	10	A/503/3159
Spelling in Practice	E3	1	10	A/503/3162
Take Part in an Activity	E3	2	20	T/504/8713
Teamwork Skills	E3	2	20	R/505/5698
The Local Community	E3	1	10	F/505/3672
Understanding Family Relationships	E3	3	30	D/505/1279
Understanding How and Why to Support Children in Family Learning	E3	3	30	D/505/8572
Understanding Self and Others	E3	3	30	K/506/0678
Undertaking an Enterprise Project	E3	6	60	F/504/8570
Using a Personal Learning Programme	E3	3	30	J/505/8789
Using Computers for Family Learning	E3	2	20	A/504/8857
Using Punctuation	E3	1	10	F/503/3289
Volunteering	E3	2	20	M/505/8592
Work Experience	E3	3	30	L/504/8720
Writing Composition Skills	E3	1	10	T/506/1770
Young People, Law and Order	E3	3	30	K/505/3679

Optional Units				
Administration				
Using the Telephone and Photocopier	E3	3	30	A/505/8790
Reception and Filing Skills	E3	3	30	H/505/3194
Animal Care				
Assist with Catching and Restraining a	50		2.0	W/505/0500
Small Animal	E3	2	20	K/505/8588
Check that a Small Animal is Healthy	E3	2	20	L/504/9561
Developing Confidence Working With	F2	2	20	D/E04/0563
Animals	E3	3	30	R/504/9562
Recognise Types and Parts of the Body of	F2	2	20	V/E04/0566
Small Animals	E3	2	20	K/504/9566
Building and Construction				
Health and Safety in Construction	E3	3	30	H/505/1381
Introduction to Carpentry and Joinery	E3	3	30	Y/505/3192
Child Development and Well Being				
Communication Between Children Aged 0-	E3	3	30	F/504/9606
3 Years and Adults	ES	3	30	F/304/9000
Human Growth and Development	E3	3	30	R/505/3675
Introduction to Developing Skills for Caring	E3	3	30	M/505/8785
for your Child		3	30	141/303/0703
Introduction to Food and Nutrition for	E3	3	30	R/505/3210
Children and Young People		3	30	11/303/3210
Introduction to Preparing, Presenting and				
Keeping Food for Children and Young	E3	3	30	J/505/8713
People		_		
Respecting Children	E3	3	30	J/504/9610
Crafts, Creative Arts and Design				
Basic Craft Skills	E3	3	30	H/505/5687
Garment Making	E3	3	30	Y/505/3600
Needle/Textile Crafts	E3	3	30	D/505/5686
Using Mixed Media in 2D	E3	3	30	J/505/3608
Environmental Conservation				
Environmental Sustainability	E3	1	10	J/505/8503
History				
Discover Local History	E3	3	30	A/505/3606
Horticulture and Forestry				
Amenity Horticulture Skills	E3	3	30	K/505/8929
Clearing and Weeding a Garden	E3	2	20	F/505/0397
Developing an Awareness of Soil Types	E3	3	30	D/505/6451
and Garden Habitats	ES	3	30	עס /טט /ט
Developing Skills for Using and	E3	3	30	D/505/6465
Maintaining Garden Tools	E3	3	30	טאט / טעט / טע
Introduction to cultivating plant cuttings	E3	3	30	A/504/5330

Introduction to Garden Maintenance Skills	E3	3	30	T/505/8786
Introduction to Propagation of Plants	E3	3	30	Y/505/3211
Planting in a Container	E3	3	30	D/505/0407
Sowing and Growing Plants	E3	3	30	K/505/3195
ICT for Users				1.400040200
Audio and Video Software	E3	2	15	Y/505/6366
Computer Basics	E3	1	10	R/505/1652
Computer Security and Privacy	E3	1	10	L/505/8535
Data Management Software	E3	2	15	H/505/6368
Design and Imaging Software	E3	2	15	H/505/6371
Desktop Publishing Software	E3	2	15	F/505/3185
Digital Lifestyle	E3	2	20	K/505/1673
Introduction to Using the Internet for		_		
Shopping	E3	1	10	L/506/5307
IT User Fundamentals	E3	2	20	K/505/3214
Personal Digital Photograph Processing	E3	1	10	F/505/1677
Presentation Software	E3	2	20	A/505/3217
Spreadsheet Software	E3	2	15	L/505/3223
The Internet and World Wide Web	E3	1	10	T/505/8545
Using Email	E3	1	10	Y/505/3225
Using Graphics Software	E3	1	10	J/504/8960
Using Mobile IT Devices	E3	1	10	L/505/6378
Word Processing Software	E3	2	15	M/505/3229
Performing Arts				
Basic Performance Skills	E3	3	30	D/505/1007
Physical Performance Skills	E3	3	30	Y/505/3595
Retail and Commercial Enterprises				
Basic Cooking	E3	2	20	K/505/3181
Basic Food Preparation	E3	2	20	M/505/3182
Customer Service in the Hospitality	E3	1	10	T/505/3183
Industry	ES	1	10	1/303/3163
Hair Plaiting	E3	3	30	F/505/8595
Hairdressing: Introduction to Assisting a	E3	3	30	L/505/3187
Stylist	LJ	3	30	1/303/3187
Introduction to keeping the work area	E3	3	30	A/501/9522
clean, tidy and safe in a retail environment		3	30	A/301/3322
Introduction to Looking after Customers in	E3	3	30	T/505/8402
a Retail Environment			30	
Serving Food and Drink	E3	2	20	T/505/6133
Sport, Leisure and Recreation				
Improving Own Fitness	E3	3	30	L/505/8549
Indoor Team Games	E3	3	30	A/505/8644
Plan and Participate in Short Walks	E3	3	30	L/506/4481
Taking Part in Sport	E3	3	30	F/505/8600

Transport, Operations and Maintenance				
Checking and Maintaining Car Tyre	F2	4	10	T/505/4404
Pressures and Tread	E3	1	10	T/505/4401
Checking and Maintaining Fluid Levels on a	F2	1	10	L /FOF /0004
Car	E3	1	10	L/505/0094
Clean and Prepare a Cycle for Use	E3	1	10	J/504/9574
Identification of Basic External and	E3	1	10	D/E0E/2100
Internal Car Parts	ES	1	10	R/505/3188
Motor Vehicle Workshop Tools and	E3	2	20	A /EOE /0107
Equipment	ES	2	20	A/505/0107
Routine Vehicle Checks	E3	2	20	F/505/3221
Routine Wheel and Tyre Checks	E3	2	20	J/505/3222
Valeting a Car Interior	E3	1	10	T/505/8707
Washing a Car Exterior	E3	1	10	L/505/0418
Level 1 Units				
Active Citizenship in the Local Community	1	1	9	L/504/8510
Alcohol Awareness for the Individual	1	3	27	F/505/8791
Approaches to Learning	1	1	9	H/505/8718
Aspects of Citizenship	1	3	27	R/504/8511
Assemble Units for Interiors	1	1	10	J/505/8601
Assertive Living	1	3	27	T/506/5320
Assist with Animal Accommodation	1	2	18	T/505/8612
Assist with Feedstuffs for Small Animals	1	2	18	H/505/3051
Assist with Maintaining the Health and	1	6	54	1/505/0726
Wellbeing of Animals	1	0	54	L/505/0726
Assist with the Care of Animals	1	2	18	A/505/8613
Basic Food Preparation and Cooking	1	3	30	K/505/3052
Building a Personal Career Portfolio	1	3	27	T/505/3989
Business Communication	1	3	27	F/505/4109
Caring for Young Children	1	3	27	T/505/3054
Caring for Your Baby	1	3	27	M/505/8933
Carpentry Hand Skills	1	3	27	J/503/2659
Carry Out a Systematic Cycle Check	1	1	9	H/504/9582
Carrying Out an Independent Research	1	3	27	L/505/8633
Project	1	3	21	L/303/8033
Checking and Maintaining a Car's Tyre	1	1	9	D/505/0603
Pressure and Tread	1	1	9	D/303/0003
Communication in the Workplace	1	3	27	J/504/7517
Constructing a Cavity Wall Using	1	3	27	L/504/9625
Bricklaying Skills	-	3	21	2,304,3023
Constructing a Half Brick Wall Using	1	3	27	Y/504/9627
Bricklaying Skills	1	,	21	1/304/3027
Constructing a One Brick Wide Wall using	1	3	27	H/504/9629
Bricklaying Skills				
Creative Writing Skills	1	3	27	M/505/4042

Cultivating Compost and Soils	1	3	27	L/506/1015
Cultivating Herbs	1	3	27	R/503/2714
Customer Service in the Hospitality				5 /5 0 5 /0 0 5 C
Industry	1	3	20	F/505/3056
CV Writing	1	1	9	L/600/9944
Decorative Paint Effects for Interior Walls	1	3	27	L/505/4114
Design Software	1	3	20	A/505/6389
Desktop Publishing Software	1	3	20	R/505/3059
Developing Angling Skills	1	3	27	J/505/8629
Developing Confidence and Self-Esteem	1	1	9	A/506/5318
Developing Confidence Working With	4	2	27	1/506/0476
Animals	1	3	27	J/506/0476
Developing Customer Service Skills	1	3	27	R/503/9226
Developing Personal Confidence and Self	1	2	27	D/E04/0433
Awareness	1	3	27	D/504/8432
Developing Plumbing Skills	1	4	36	H/505/8668
Developing Skills for Listening to Children	1	3	27	H/503/8193
Developing Skills in Garden Horticulture	1	3	27	T/504/2880
Emotional Intelligence	1	3	27	A/505/4111
Employment Rights, Contracts and Pay	1	3	27	R/505/8794
Equality and Diversity	1	3	24	D/505/1959
Family Relationships	1	3	27	D/505/1282
Fitting Units for Interiors	1	1	10	M/505/0539
Fix and Fit Work Surfaces	1	1	10	R/505/8603
Food Service	1	2	18	J/505/3060
Further Education Enrichment Activity	1	2	18	F/505/4076
Garment Construction Skills: Making a	1	3	27	V/E0E/9E60
Simple Top	1	5	27	K/505/8560
Group and Teamwork Communication	1	2	18	J/505/0451
Skills	1	2	10	3/303/0431
Health and Hygiene in the Home	1	3	27	K/505/8557
Health and Safety in a Practical	1	1	9	J/504/9364
Environment	_	1	3	3/304/3304
Health and Safety in Construction	1	3	30	D/505/1363
Healthy Living	1	3	27	L/504/8264
How the Body Works	1	2	18	J/505/8615
Identification of Basic External and	1	3	27	H/505/0604
Internal Car Parts	1	3	21	
Imaging Software	1	3	20	R/505/3062
Improving Assertiveness and Decision	1	3	27	D/505/8555
Making	1	3	21	2,303,0333
Improving Own Confidence	1	3	27	L/505/4078
Improving Own Learning and Performance	1	2	16	D/504/9497

Independent Shopping for Household				
Items	1	3	27	J/504/8277
Independent Skills for Living in the		_	_	
Community	1	3	27	D/505/3999
Induction to Study	1	3	27	R/504/8279
Industrial Fabric Printing	1	6	54	R/505/8729
Interpersonal Skills	1	3	27	D/505/4067
Introduction to Drug Awareness for the	_			
Individual	1	3	27	H/506/1215
Introduction to Plastering Techniques	1	3	27	R/505/4969
Introduction to the Hospitality Industry	1	2	20	A/505/3198
IT Communication Fundamentals	1	2	15	T/505/6391
IT Software Fundamentals	1	3	20	A/505/6392
Job Seeking Skills	1	3	27	D/505/4103
Maintaining a Wheeled Vehicle for	1	2	10	NA/FOA/OF70
Personal Use	1	2	18	M/504/8578
Making Choices in Pursuit of Personal	1	2	27	1/505/4000
Goals	1	3	27	J/505/4080
Managing Own Relationship with Others	1	3	27	J/505/8551
Managing Your Own Learning	1	3	27	L/505/8552
Measures and Shape	1	3	24	K/505/2063
Multimedia Software Skills	1	3	27	M/505/1688
Organic Horticulture	1	3	27	L/505/0600
Participating in a Vocational Taster	1	2	20	T/504/8632
Participating in Leisure Activities	1	3	27	L/505/0659
Personal and Interpersonal Conflict	1	3	27	A/504/8826
Personal Budgeting and Managing Money	1	3	27	Y/506/0787
Personal Budgeting and Money	1	3	27	R/505/8567
Management	1	3	21	N/303/8307
Personal Career Planning	1	3	27	H/505/4104
Personal Career Preparation	1	1	9	K/505/4105
Personal Development	1	3	27	Y/506/0577
Personal Development Skills	1	3	27	K/505/4069
Personal Learning Programme	1	3	27	D/505/4070
Personal Learning Skills	1	6	54	H/505/4071
Personal Money Management	1	1	9	R/504/1154
Personal Relationships	1	3	27	D/505/1539
Planning a Move into a New Home	1	1	9	D/505/4666
Planning a Trip to a Visitor Attraction	1	3	25	H/504/7993
Planning own Fitness Programme	1	4	30	D/504/8947
Plastering Techniques	1	3	27	R/504/9643
Prejudice and Discrimination	1	3	27	T/504/8842
Preparation for Work	1	3	27	K/505/8848
Prepare for Interview	1	1	9	M/505/4106

Preparing and Serving Drinks	1	3	27	D/505/8636
Preparing Ceilings and Walls for	_			
Decoration	1	3	27	Y/504/9644
Preparing for a Recruitment Interview	1	3	27	K/505/8722
Preparing for Interviews	1	1	9	R/505/5300
Preparing for Work	1	3	27	T/505/4107
Preparing to be a Good Tenant and	4	4	0	A /50 A /4 A A 7
Neighbour	1	1	9	A/504/1147
Presentation Skills	1	2	18	R/505/0453
Presentation Software	1	3	20	M/505/3201
Principles of the Care of Animals	1	2	18	M/505/8575
Problem Solving in the Workplace	1	3	27	H/505/8587
Punctuation and Grammar Skills	1	2	18	L/503/3392
Recognising Employment Opportunities	1	1	9	R/505/4342
Recognising Issues of Substance Misuse	1	1	9	M/505/1237
Repair a Cycle Puncture	1	1	9	M/504/9584
Research Project	1	3	16	M/505/2081
Responsible Road Vehicle Ownership and	1	2	10	D/E0C/E22E
Use	1	2	18	R/506/5325
Salon Reception Duties	1	3	22	H/504/9601
Sex and Relationships	1	3	24	J/504/8196
Skills for Independent Life	1	3	27	M/505/4073
Skills Used in Reading for Meaning	1	3	27	T/503/3158
Sowing and Growing Techniques	1	3	27	H/505/8797
Speaking and Listening Skills	1	3	27	M/505/8656
Spelling Rules and Strategies in Practical	1	3	27	F/503/3163
Use	1	3	21	F/303/3103
Spelling Skills	1	3	27	F/503/3390
Spreadsheet Software	1	3	20	F/505/3204
Take Part in an Activity	1	1	9	J/505/4337
Take part in Exercise and Fitness	1	3	27	D/505/8801
Taking Part in Sport	1	3	27	R/505/1330
Teamwork Skills	1	2	18	Y/504/9515
Technical Skills for Performance in the Arts	1	3	27	M/505/8723
The Angling Environment	1	3	27	D/506/4713
The Physical and Psychological Needs of	1	3	27	K/505/1611
Children	1	3	27	1005/1011
Time Management	1	3	27	L/504/8717
Tools and Equipment for Garment Making	1	3	27	K/505/8803
Tools, Equipment and Materials for	1	4	36	K/505/8669
Vehicle Maintenance	1	7	30	17,303/0003
Transforming Own Behaviour in Conflict	1	3	27	J/506/5323
Understand How to Apply for Housing	1	1	9	J/504/1149

Understand How to Look After a New				1
Home	1	1	9	F/504/1151
Understand How to Look After Personal				
Health and Hygiene	1	1	9	J/504/1152
Understanding and Using Shapes	1	3	27	R/503/9291
Understanding Customer Service	1	3	27	A/506/1043
Understanding Diversity within Society	1	3	27	F/505/8807
	1	3	27	Y/505/6576
Understanding Ecology and Conservation	1	3	21	1/303/03/0
Understanding Financial Products and Services	1	1	9	L/504/1153
	1	2	18	K/505/8719
Understanding HE: Raising Aspirations	1			
Understanding Motivation	1	1	9	D/506/5327
Understanding Nutrition, Performance and	1	3	27	R/505/3269
Healthy Eating				
Understanding Own Response to Body	1	2	18	J/505/1244
Image				14/505/0610
Understanding Pay and Payslips	1	1	9	K/505/8610
Understanding Personal Awareness	1	3	27	L/506/0673
Understanding Play	1	3	27	Y/504/9613
Understanding Rights and Responsibilities	1	3	27	H/505/4099
of Citizenship			_,	,,
Understanding Stress and Stress	1	3	27	R/505/1246
Management Techniques		<u> </u>		1,7503,1210
Understanding the Importance of a	1	1	9	Y/506/0613
Balanced Diet and Regular Exercise		-	,	1/300/0013
Understanding the Principles of Care,				
Organisational Policies and the Role of the	1	3	27	J/505/8808
Care Worker				
Understanding Time Management in the	1	2	18	R/505/8584
Workplace	1	2	10	17,505/6564
Understanding Welfare at Work	1	3	30	K/618/6307
Understanding Welfare at Work	1	3	27	M/506/1993
Understanding what Volunteering is About	1	1	9	M/505/8611
Understanding Work-Based Placements	1	1	9	F/505/8645
Understanding Young People, Law and	4	2	27	D/F0F/4404
Order	1	3	27	R/505/4101
Understanding Your Pay	1	3	27	A/505/5291
Undertaking an Enterprise Project	1	3	27	T/505/4446
Use and Maintain Woodworking Tools	1	3	27	A/505/8725
Use of Tools and Equipment for Bricklaying	1	3	27	F/505/8614
Using an Ordnance Survey Map	1	2	18	F/505/8631
Using Commercial Garment Patterns	1	3	27	K/506/5329
Using Cooking Skills in the Domestic				
Kitchen	1	3	27	Y/506/0790

Using Craft Activities with Children and Young People	1	3	27	D/504/9614
Using Craft Skills with Natural Materials	1	3	27	T/505/8609
Using Email	1	2	15	L/505/3271
Using Floor and Wall Tiling Techniques	1	3	27	H/504/9646
Using Kitchen Equipment	1	1	10	T/502/5075
Using Mobile IT Devices	1	2	15	Y/505/3273
Using Painting Skills for Interior Ceilings and Walls	1	3	27	K/504/9647
Using Plastering Skills - Floating Coat to an Attached Pier	1	3	27	M/504/9648
Using Plastering Skills - Plastering to a Window Reveal	1	3	27	T/504/9649
Using the Internet	1	3	20	H/505/3275
Video Software Skills	1	2	18	F/505/1730
Wallpapering Skills	1	3	27	D/506/5330
Word Processing Software	1	3	20	D/505/6398
Work Placement	1	3	27	R/504/8198
Work, Review and Plan	1	3	27	L/505/8616
Writing for Meaning Skills	1	3	27	D/503/3302
Young Parenthood	1	2	18	K/506/0728

Ascentis Level 1 Award in Skills Towards Enabling Progression (Step Up)

Learners must achieve 6 credits from any group. A maximum of 3 credits may be taken from the ICT units.

Maximum credits: 6

Core Skills				
Title	Level	Credit Value	GLH	Unit Reference
Active Citizenship in the Local Community	1	1	9	L/504/8510
Alcohol Awareness for the Individual	1	3	27	F/505/8791
Approaches to Learning	1	1	9	H/505/8718
Aspects of Citizenship	1	3	27	R/504/8511
Assertive Living	1	3	27	T/506/5320
Building a Personal Career Portfolio	1	3	27	T/505/3989
Carrying Out an Independent Research Project	1	3	27	L/505/8633
College Induction	1	3	27	H/503/3043
Communication in the Workplace	1	3	27	J/504/7517
CV Writing	1	1	9	L/600/9944
Developing Confidence and Self-Esteem	1	1	9	A/506/5318
Developing Customer Service Skills	1	3	27	R/503/9226
Developing Personal Confidence and Self Awareness	1	3	27	D/504/8432
Emotional Intelligence	1	3	27	A/505/4111
Employment Rights, Contracts and Pay	1	3	27	R/505/8794
Equality and Diversity	1	3	24	D/505/1959
Family Relationships	1	3	27	D/505/1282
Further Education Enrichment Activity	1	2	18	F/505/4076
Group and Teamwork Communication Skills	1	2	18	J/505/0451
Health and Hygiene in the Home	1	3	27	K/505/8557
Health and Safety in a Practical Environment	1	1	9	J/504/9364
Healthy Living	1	3	27	L/504/8264
How the Body Works	1	2	18	J/505/8615
Improving Assertiveness and Decision Making	1	3	27	D/505/8555
Improving Own Confidence	1	3	27	L/505/4078
Improving own learning and performance	1	2	16	D/504/9497
Independent Shopping for Household Items	1	3	27	J/504/8277
Independent Skills for Living in the Community	1	3	27	D/505/3999
Induction to Study	1	3	27	R/504/8279
Interpersonal Skills	1	3	27	D/505/4067

	<u> </u>		1	
Introduction to Drug Awareness for the Individual	1	3	27	H/506/1215
Job Seeking Skills	1	3	27	D/505/4103
Making Choices in Pursuit of Personal Goals	1	3	27	J/505/4080
Managing Own Relationship with Others	1	3	27	J/505/8551
Managing Your Own Learning	1	3	27	L/505/8552
Measures and Shape	1	3	24	K/505/2063
Participating in a Vocational Taster	1	2	20	T/504/8632
Personal and Interpersonal Conflict	1	3	27	A/504/8826
Personal Budgeting and Managing Money	1	3	27	Y/506/0787
Personal Budgeting and Money	4	2	27	
Management	1	3	27	R/505/8567
Personal Career Planning	1	3	27	H/505/4104
Personal Career Preparation	1	1	9	K/505/4105
Personal Development	1	3	27	Y/506/0577
Personal Development Skills	1	3	27	K/505/4069
Personal Learning Programme	1	3	27	D/505/4070
Personal Learning Skills	1	6	54	H/505/4071
Personal Money Management	1	1	9	R/504/1154
Personal Relationships	1	3	27	D/505/1539
Planning a move into a new home	1	1	9	D/505/4666
Prejudice and Discrimination	1	3	27	T/504/8842
Preparation for Work	1	3	27	K/505/8848
Prepare for Interview	1	1	9	M/505/4106
Preparing for a Recruitment Interview	1	3	27	K/505/8722
Preparing for Interviews	1	1	9	R/505/5300
Preparing for Work	1	3	27	T/505/4107
Preparing to be a good tenant and	1	1	9	A/504/1147
neighbour	1	1	9	A/304/114/
Presentation Skills	1	2	18	R/505/0453
Principles of Dealing with Animal	1	2	18	A/505/8627
Accommodation	1	2	10	A/303/8027
Problem Solving in the Workplace	1	3	27	H/505/8587
Punctuation and Grammar Skills	1	2	18	L/503/3392
Recognising Employment Opportunities	1	1	9	R/505/4342
Recognising Issues of Substance Misuse	1	1	9	M/505/1237
Research Project	1	3	16	M/505/2081
Sex and Relationships	1	3	24	J/504/8196
Skills for Independent Life	1	3	27	M/505/4073
Skills Used in Reading for Meaning	1	3	27	T/503/3158
Speaking and Listening Skills	1	3	27	M/505/8656
Spelling Rules and Strategies in Practical	1	3	27	F/503/3163
Use		3	21	
Spelling Skills	1	3	27	F/503/3390
Take Part in an Activity	1	1	9	J/505/4337

Teamwork Skills	1	2	18	Y/504/9515
Time Management	1	3	27	L/504/8717
Transforming Own Behaviour in Conflict	1	3	27	J/506/5323
Understand how to apply for housing	1	1	9	J/504/1149
Understand how to look after a new home	1	1	9	F/504/1151
Understand how to look after personal	_	_		
health and hygiene	1	1	9	J/504/1152
Understanding and Using Shapes	1	3	27	R/503/9291
Understanding Diversity within Society	1	3	27	F/505/8807
Understanding financial products and	1	1	0	1/504/1153
services	1	1	9	L/504/1153
Understanding HE: Raising Aspirations	1	2	18	K/505/8719
Understanding Motivation	1	1	9	D/506/5327
Understanding Own Response to Body	1	2	18	J/505/1244
Image	1	2	10	J/303/1244
Understanding Pay and Payslips	1	1	9	K/505/8610
Understanding Personal Awareness	1	3	27	L/506/0673
Understanding Rights and Responsibilities	1	3	27	H/505/4099
of Citizenship	1	3	27	П/303/4099
Understanding Stress and Stress	1	3	27	R/505/1246
Management Techniques	1	3	27	17,503/1240
Understanding the Importance of a	1	1	9	Y/506/0613
Balanced Diet and Regular Exercise			,	1/300/0013
Understanding Welfare at Work	1	3	30	K/618/6307
Understanding Welfare at Work	1	3	27	M/506/1993
Understanding what Volunteering is About	1	1	9	M/505/8611
Understanding Work-Based Placements	1	1	9	F/505/8645
Understanding Young People, Law and	1	3	27	R/505/4101
Order		3	27	
Understanding Your Pay	1	3	27	A/505/5291
Undertaking an Enterprise Project	1	3	27	T/505/4446
Using Cooking Skills in the Domestic	1	3	27	Y/506/0790
Kitchen			2,	
Work Experience	1	3	27	T/505/8724
Work Placement	1	3	27	R/504/8198
Work, Review and Plan	1	3	27	L/505/8616
Writing for Meaning Skills	1	3	27	D/503/3302
Young Parenthood	1	2	18	K/506/0728
Optional Units				
Agriculture and Animal Care				
Assist with Animal Accommodation	1	2	18	T/505/8612
Assist with Feedstuffs for Small Animals	1	2	18	H/505/3051
Assist with Maintaining the Health and	1	6	54	L/505/0726
Wellbeing of Animals	1	U	54	1,303,0720

Assist with the Care of Animals	1	2	18	A/505/8613
Developing Confidence Working With	1	2	27	1/506/0476
Animals	1	3	27	J/506/0476
Principles of the Care of Animals	1	2	18	M/505/8575
Building and Construction				
Assemble Units for Interiors	1	1	10	J/505/8601
Carpentry Hand Skills	1	3	27	J/503/2659
Constructing a Cavity Wall Using Bricklaying Skills	1	3	27	L/504/9625
Constructing a Half Brick Wall Using Bricklaying Skills	1	3	27	Y/504/9627
Constructing a One Brick Wide Wall using Bricklaying Skills	1	3	27	H/504/9629
Decorative Paint Effects for Interior Walls	1	3	27	L/505/4114
Developing Plumbing Skills	1	4	36	H/505/8668
Fitting Units for Interiors	1	1	10	M/505/0539
Fix and Fit Work Surfaces	1	1	10	R/505/8603
Health and Safety in Construction	1	3	30	D/505/1363
Introduction to Plastering Techniques	1	3	27	R/505/4969
Plastering Techniques	1	3	27	R/504/9643
Preparing Ceilings and Walls for Decoration	1	3	27	Y/504/9644
Use and Maintain Woodworking Tools	1	3	27	A/505/8725
Use of Tools and Equipment for Bricklaying	1	3	27	F/505/8614
Using Floor and Wall Tiling Techniques	1	3	27	H/504/9646
Using Painting Skills for Interior Ceilings and Walls	1	3	27	K/504/9647
Using Plastering Skills - Floating Coat to an Attached Pier	1	3	27	M/504/9648
Using Plastering Skills - Plastering to a Window Reveal	1	3	27	T/504/9649
Wallpapering Skills	1	3	27	D/506/5330

Business Management				
Business Communication	1	3	27	F/505/4109
Understanding Time Management in the		_	_	
Workplace	1	2	18	R/505/8584
Child Development and Well Being				
Caring for Young Children	1	3	27	T/505/3054
Caring for Your Baby	1	3	27	M/505/8933
Developing Skills for Listening to Children	1	3	27	H/503/8193
The Physical and Psychological Needs of	4	2	27	V/505/4644
Children	1	3	27	K/505/1611
Understanding Play	1	3	27	Y/504/9613
Using Craft Activities with Children and	1	2	27	D/F04/0C14
Young People	1	3	27	D/504/9614
Crafts, Creative Arts and Design				
Garment Construction Skills: Making a	1	3	27	K/505/8560
Simple Top	1	3	27	K/303/6300
Industrial Fabric Printing	1	6	54	R/505/8729
Tools and Equipment for Garment Making	1	3	27	K/505/8803
Using Commercial Garment Patterns	1	3	27	K/506/5329
Using Craft Skills with Natural Materials	1	3	27	T/505/8609
Environmental Conservation				
Understanding Ecology and Conservation	1	2	27	V/F0F/6F76
Officer staffulling Ecology and Conservation	1	3	27	Y/505/6576
Health and Social Care	1	3	27	1/303/03/0
3 3:	1	2	10	M/504/6524
Health and Social Care Introduction to Care Work Understanding Nutrition, Performance and				
Health and Social Care Introduction to Care Work	1	2	10	M/504/6524
Health and Social Care Introduction to Care Work Understanding Nutrition, Performance and Healthy Eating Understanding the Principles of Care, Organisational Policies and the Role of the	1	2	10	M/504/6524
Health and Social Care Introduction to Care Work Understanding Nutrition, Performance and Healthy Eating Understanding the Principles of Care, Organisational Policies and the Role of the Care Worker	1 1	2 3	10 27	M/504/6524 R/505/3269
Health and Social Care Introduction to Care Work Understanding Nutrition, Performance and Healthy Eating Understanding the Principles of Care, Organisational Policies and the Role of the Care Worker Horticulture and Forestry	1 1 1	3	10 27 27	M/504/6524 R/505/3269 J/505/8808
Health and Social Care Introduction to Care Work Understanding Nutrition, Performance and Healthy Eating Understanding the Principles of Care, Organisational Policies and the Role of the Care Worker Horticulture and Forestry Cultivating Compost and Soils	1 1 1	2 3 3	10 27 27 27	M/504/6524 R/505/3269 J/505/8808 L/506/1015
Health and Social Care Introduction to Care Work Understanding Nutrition, Performance and Healthy Eating Understanding the Principles of Care, Organisational Policies and the Role of the Care Worker Horticulture and Forestry Cultivating Compost and Soils Cultivating Herbs	1 1 1 1	2 3 3 3 3	10 27 27 27 27	M/504/6524 R/505/3269 J/505/8808 L/506/1015 R/503/2714
Health and Social Care Introduction to Care Work Understanding Nutrition, Performance and Healthy Eating Understanding the Principles of Care, Organisational Policies and the Role of the Care Worker Horticulture and Forestry Cultivating Compost and Soils Cultivating Herbs Developing Skills in Garden Horticulture	1 1 1 1 1 1	2 3 3 3 3 3	10 27 27 27 27 27	M/504/6524 R/505/3269 J/505/8808 L/506/1015 R/503/2714 T/504/2880
Health and Social Care Introduction to Care Work Understanding Nutrition, Performance and Healthy Eating Understanding the Principles of Care, Organisational Policies and the Role of the Care Worker Horticulture and Forestry Cultivating Compost and Soils Cultivating Herbs Developing Skills in Garden Horticulture Organic Horticulture	1 1 1 1 1 1 1	2 3 3 3 3 3 3	10 27 27 27 27 27 27	M/504/6524 R/505/3269 J/505/8808 L/506/1015 R/503/2714 T/504/2880 L/505/0600
Health and Social Care Introduction to Care Work Understanding Nutrition, Performance and Healthy Eating Understanding the Principles of Care, Organisational Policies and the Role of the Care Worker Horticulture and Forestry Cultivating Compost and Soils Cultivating Herbs Developing Skills in Garden Horticulture Organic Horticulture Sowing and Growing Techniques	1 1 1 1 1 1	2 3 3 3 3 3	10 27 27 27 27 27	M/504/6524 R/505/3269 J/505/8808 L/506/1015 R/503/2714 T/504/2880
Health and Social Care Introduction to Care Work Understanding Nutrition, Performance and Healthy Eating Understanding the Principles of Care, Organisational Policies and the Role of the Care Worker Horticulture and Forestry Cultivating Compost and Soils Cultivating Herbs Developing Skills in Garden Horticulture Organic Horticulture Sowing and Growing Techniques ICT	1 1 1 1 1 1 1	2 3 3 3 3 3 3	10 27 27 27 27 27 27 27	M/504/6524 R/505/3269 J/505/8808 L/506/1015 R/503/2714 T/504/2880 L/505/0600 H/505/8797
Health and Social Care Introduction to Care Work Understanding Nutrition, Performance and Healthy Eating Understanding the Principles of Care, Organisational Policies and the Role of the Care Worker Horticulture and Forestry Cultivating Compost and Soils Cultivating Herbs Developing Skills in Garden Horticulture Organic Horticulture Sowing and Growing Techniques ICT Design Software	1 1 1 1 1 1 1 1 1 1 1	2 3 3 3 3 3 3 3	10 27 27 27 27 27 27 27 27	M/504/6524 R/505/3269 J/505/8808 L/506/1015 R/503/2714 T/504/2880 L/505/0600 H/505/8797 A/505/6389
Health and Social Care Introduction to Care Work Understanding Nutrition, Performance and Healthy Eating Understanding the Principles of Care, Organisational Policies and the Role of the Care Worker Horticulture and Forestry Cultivating Compost and Soils Cultivating Herbs Developing Skills in Garden Horticulture Organic Horticulture Sowing and Growing Techniques ICT Design Software Desktop Publishing Software	1 1 1 1 1 1 1 1 1 1 1 1 1 1 1	2 3 3 3 3 3 3 3 3	27 27 27 27 27 27 27 27 20 20	M/504/6524 R/505/3269 J/505/8808 L/506/1015 R/503/2714 T/504/2880 L/505/0600 H/505/8797 A/505/6389 R/505/3059
Health and Social Care Introduction to Care Work Understanding Nutrition, Performance and Healthy Eating Understanding the Principles of Care, Organisational Policies and the Role of the Care Worker Horticulture and Forestry Cultivating Compost and Soils Cultivating Herbs Developing Skills in Garden Horticulture Organic Horticulture Sowing and Growing Techniques ICT Design Software Desktop Publishing Software Imaging Software	1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1	2 3 3 3 3 3 3 3 3 3	27 27 27 27 27 27 27 27 20 20 20	M/504/6524 R/505/3269 J/505/8808 L/506/1015 R/503/2714 T/504/2880 L/505/0600 H/505/8797 A/505/6389 R/505/3059 R/505/3062
Health and Social Care Introduction to Care Work Understanding Nutrition, Performance and Healthy Eating Understanding the Principles of Care, Organisational Policies and the Role of the Care Worker Horticulture and Forestry Cultivating Compost and Soils Cultivating Herbs Developing Skills in Garden Horticulture Organic Horticulture Sowing and Growing Techniques ICT Design Software Desktop Publishing Software Imaging Software IT Communication Fundamentals	1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1	2 3 3 3 3 3 3 3 3 3 3 2	27 27 27 27 27 27 27 27 27 20 20 20 15	M/504/6524 R/505/3269 J/505/8808 L/506/1015 R/503/2714 T/504/2880 L/505/0600 H/505/8797 A/505/6389 R/505/3059 R/505/3062 T/505/6391
Health and Social Care Introduction to Care Work Understanding Nutrition, Performance and Healthy Eating Understanding the Principles of Care, Organisational Policies and the Role of the Care Worker Horticulture and Forestry Cultivating Compost and Soils Cultivating Herbs Developing Skills in Garden Horticulture Organic Horticulture Sowing and Growing Techniques ICT Design Software Desktop Publishing Software Imaging Software IT Communication Fundamentals IT Software Fundamentals	1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1	2 3 3 3 3 3 3 3 3 3 3 3 3 3 3	27 27 27 27 27 27 27 27 27 20 20 20 15 20	M/504/6524 R/505/3269 J/505/8808 L/506/1015 R/503/2714 T/504/2880 L/505/0600 H/505/8797 A/505/6389 R/505/3059 R/505/3062 T/505/6391 A/505/6392
Health and Social Care Introduction to Care Work Understanding Nutrition, Performance and Healthy Eating Understanding the Principles of Care, Organisational Policies and the Role of the Care Worker Horticulture and Forestry Cultivating Compost and Soils Cultivating Herbs Developing Skills in Garden Horticulture Organic Horticulture Sowing and Growing Techniques ICT Design Software Desktop Publishing Software Imaging Software IT Communication Fundamentals IT Software Fundamentals Multimedia Software Skills	1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1	2 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3	10 27 27 27 27 27 27 27 27 20 20 20 20 20 20 27	M/504/6524 R/505/3269 J/505/8808 L/506/1015 R/503/2714 T/504/2880 L/505/0600 H/505/8797 A/505/6389 R/505/3059 R/505/3062 T/505/6391 A/505/6392 M/505/1688
Health and Social Care Introduction to Care Work Understanding Nutrition, Performance and Healthy Eating Understanding the Principles of Care, Organisational Policies and the Role of the Care Worker Horticulture and Forestry Cultivating Compost and Soils Cultivating Herbs Developing Skills in Garden Horticulture Organic Horticulture Sowing and Growing Techniques ICT Design Software Desktop Publishing Software Imaging Software IT Communication Fundamentals IT Software Fundamentals	1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1	2 3 3 3 3 3 3 3 3 3 3 3 3 3 3	27 27 27 27 27 27 27 27 27 20 20 20 15 20	M/504/6524 R/505/3269 J/505/8808 L/506/1015 R/503/2714 T/504/2880 L/505/0600 H/505/8797 A/505/6389 R/505/3059 R/505/3062 T/505/6391 A/505/6392

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Using Email	1	2	15	L/505/3271
Using Mobile IT Devices	1	2	15	Y/505/3273
Using the Internet	1	3	20	H/505/3275
Video Software Skills	1	2	18	F/505/1730
Word Processing Software	1	3	20	D/505/6398
Retail and Commercial Enterprise				
Basic Food Preparation and Cooking	1	3	30	K/505/3052
Customer Service in the Hospitality	1	3	20	F/505/3056
Industry		3	20	1/303/3030
Food Service	1	2	18	J/505/3060
Introduction to the Hospitality Industry	1	2	20	A/505/3198
Preparing and Serving Drinks	1	3	27	D/505/8636
Salon Reception Duties	1	3	22	H/504/9601
Understanding Customer Service	1	3	27	A/506/1043
Using Kitchen Equipment	1	1	10	T/502/5075
Sport, Leisure and Recreation				
Developing Angling Skills	1	3	27	J/505/8629
Participating in Leisure Activities	1	3	27	L/505/0659
Planning a Trip to a Visitor Attraction	1	3	25	H/504/7993
Planning own Fitness Programme	1	4	30	D/504/8947
Take part in Exercise and Fitness	1	3	27	D/505/8801
Taking Part in Sport	1	3	27	R/505/1330
The Angling Environment	1	3	27	D/506/4713
Using an Ordnance Survey Map	1	2	18	F/505/8631
Transport, Operations and Maintenance				
Checking and Maintaining a Car's Tyre	4	4	0	D /505 /0502
Pressure and Tread	1	1	9	D/505/0603
Identification of Basic External and Internal	1	3	27	H/505/0604
Car Parts	<u> </u>	3	21	11/303/0004
Maintaining a Wheeled Vehicle for	1	2	18	M/504/8578
Personal Use				
Repair a Cycle Puncture	1	1	9	M/504/9584
Responsible Road Vehicle Ownership and	1	2	18	R/506/5325
Use				, ,
Tools, Equipment and Materials for Vehicle	1	4	36	K/505/8669
Maintenance				·

Ascentis Level 1 Certificate in Skills Towards Enabling Progression (Step Up)

Learners must achieve 21 credits overall. 6 credits must be achieved from Core Skills. Learners may achieve the remaining credits from any unit group. A maximum of 6 credits may be taken from the ICT units. A maximum of 6 credits can be taken at Entry 3 or Level 2.

Maximum credits: 21

Core Skills				
Title	Level	Credit Value	GLH	Unit Reference
Active Citizenship in the Local Community	1	1	9	L/504/8510
Alcohol Awareness for the Individual	1	3	27	F/505/8791
Approaches to Learning	1	1	9	H/505/8718
Aspects of Citizenship	1	3	27	R/504/8511
Assertive Living	1	3	27	T/506/5320
Building a Personal Career Portfolio	1	3	27	T/505/3989
Carry Out a Systematic Cycle Check	1	1	9	H/504/9582
Carrying Out an Independent Research Project	1	3	27	L/505/8633
College Induction	1	3	27	H/503/3043
Communication in the Workplace	1	3	27	J/504/7517
CV Writing	1	1	9	L/600/9944
Developing Confidence and Self-Esteem	1	1	9	A/506/5318
Developing Customer Service Skills	1	3	27	R/503/9226
Developing Personal Confidence and Self Awareness	1	3	27	D/504/8432
Emotional Intelligence	1	3	27	A/505/4111
Employment Rights, Contracts and Pay	1	3	27	R/505/8794
Equality and Diversity	1	3	24	D/505/1959
Family Relationships	1	3	27	D/505/1282
Further Education Enrichment Activity	1	2	18	F/505/4076
Group and Teamwork Communication Skills	1	2	18	J/505/0451
Health and Hygiene in the Home	1	3	27	K/505/8557
Health and Safety in a Practical Environment	1	1	9	J/504/9364
Healthy Living	1	3	27	L/504/8264
How the Body Works	1	2	18	J/505/8615
Improving Assertiveness and Decision Making	1	3	27	D/505/8555
Improving Own Confidence	1	3	27	L/505/4078
Improving own learning and performance	1	2	16	D/504/9497
Independent Shopping for Household Items	1	3	27	J/504/8277
Independent Skills for Living in the Community	1	3	27	D/505/3999
Induction to Study	1	3	27	R/504/8279

Interpersonal Skills	1	3	27	D/505/4067
Introduction to Drug Awareness for the	1	3	27	H/506/1215
Individual	1	3	27	П/300/1213
Job Seeking Skills	1	3	27	D/505/4103
Making Choices in Pursuit of Personal	1	3	27	J/505/4080
Goals	1	3	21	3/303/4080
Managing Own Relationship with Others	1	3	27	J/505/8551
Managing Your Own Learning	1	3	27	L/505/8552
Measures and Shape	1	3	24	K/505/2063
Participating in a Vocational Taster	1	2	20	T/504/8632
Personal and Interpersonal Conflict	1	3	27	A/504/8826
Personal Budgeting and Managing Money	1	3	27	Y/506/0787
Personal Budgeting and Money	1	3	27	R/505/8567
Management	1	3	27	17303/8307
Personal Career Planning	1	3	27	H/505/4104
Personal Career Preparation	1	1	9	K/505/4105
Personal Development	1	3	27	Y/506/0577
Personal Development Skills	1	3	27	K/505/4069
Personal Learning Programme	1	3	27	D/505/4070
Personal Learning Skills	1	6	54	H/505/4071
Personal Money Management	1	1	9	R/504/1154
Personal Relationships	1	3	27	D/505/1539
Planning a move into a new home	1	1	9	D/505/4666
Prejudice and Discrimination	1	3	27	T/504/8842
Preparation for Work	1	3	27	K/505/8848
Prepare for Interview	1	1	9	M/505/4106
Preparing for a Recruitment Interview	1	3	27	K/505/8722
Preparing for Interviews	1	1	9	R/505/5300
Preparing for Work	1	3	27	T/505/4107
Preparing to be a good tenant and	1	1	9	A/504/1147
neighbour	1	1	9	A/304/1147
Presentation Skills	1	2	18	R/505/0453
Principles of Dealing with Animal	1	2	18	A/505/8627
Accommodation	1	2	10	A/303/8027
Problem Solving in the Workplace	1	3	27	H/505/8587
Punctuation and Grammar Skills	1	2	18	L/503/3392
Recognising Employment Opportunities	1	1	9	R/505/4342
Recognising Issues of Substance Misuse	1	1	9	M/505/1237
Research Project	1	3	16	M/505/2081
Sex and Relationships	1	3	24	J/504/8196
Skills for Independent Life	1	3	27	M/505/4073
Skills Used in Reading for Meaning	1	3	27	T/503/3158
Speaking and Listening Skills	1	3	27	M/505/8656
Spelling Rules and Strategies in Practical	1	3	27	F/503/3163
Use	_	3	21	1/303/3103

Take Part in an Activity	Spelling Skills	1	3	27	F/503/3390
Teamwork Skills 1 2 18 Y/504/9515 Time Management 1 3 27 L/504/8717 Transforming Own Behaviour in Conflict 1 3 27 L/504/8717 Transforming Own Behaviour in Conflict 1 3 27 L/504/8713 Understand how to poply for housing 1 1 9 J/504/1149 Understand how to look after a new home 1 1 9 F/504/1151 Understand how to look after personal health and hygiene 1 9 J/504/1152 Understanding and Using Shapes 1 3 27 R/503/9291 Understanding and Using Shapes 1 3 27 F/505/8807 Understanding Diversity within Society 1 3 27 F/505/8807 Understanding Iniancial products and services 1 9 L/504/1153 Understanding HE: Raising Aspirations 1 2 18 K/505/8719 Understanding Motivation 1 1 9 D/506/5327 Understanding Own Response to Body 1 2 18 K/505/8719 Understanding Pay and Payslips 1 1 9 K/505/8610 Understanding Rights and Responsibilities of Citizenship 1 3 27 L/506/0673 Understanding Siress and Stress 1 3 27 L/506/0673 Understanding Stress and Stress 1 3 27 L/506/0673 Understanding the Importance of a Balanced Diet and Regular Exercise 1 9 M/505/8610 Understanding Welfare at Work 1 3 27 M/506/0613 Understanding Welfare at Work 1 3 27 M/506/1993 Understanding Your Pay 1 3 27 A/505/5291 Understanding Skills in the Domestic 1 3 27 M/506/1993 Understanding Skills in the Domestic 1 3 27 M/506/1993 Understanding Skills in the Domestic 1 3 27 M/506/1993 Understanding Your Pay 1 3 27 M/506					
Time Management Transforming Own Behaviour in Conflict 1 3 27 I/504/8717 Transforming Own Behaviour in Conflict 1 3 27 I/506/5323 Understand how to apply for housing 1 1 9 J/504/1151 Understand how to look after a new home 1 1 9 F/504/1151 Understanding with the look of the look after a new home 1 1 9 F/504/1151 Understanding with the look after a new home 1 1 9 J/504/1152 Understanding and Using Shapes 1 3 27 R/503/9291 Understanding Diversity within Society 1 3 27 F/505/8807 Understanding financial products and services Understanding financial products and services Understanding HE: Raising Aspirations 1 1 9 I/504/1153 Understanding Motivation 1 1 9 I/505/8719 Understanding Own Response to Body Understanding Own Response to Body Understanding Pay and Payslips 1 1 9 K/505/8610 Understanding Pay and Payslips 1 1 9 K/505/8610 Understanding Rights and Responsibilities of Citizenship Understanding Stress and Stress 1 3 27 I/506/0673 Understanding the Importance of a Balanced Diet and Regular Exercise Understanding Welfare at Work 1 3 27 K/506/1246 Understanding Welfare at Work 1 3 27 K/506/0613 Understanding Welfare at Work 1 3 27 K/506/0613 Understanding Welfare at Work 1 3 27 K/506/0613 Understanding Work-Based Placements 1 1 9 F/505/8645 Understanding Your Pay 1 3 27 K/505/5291 Understanding Tour Pay 1 3 27 K/505/5291 Understanding Tour Pay 1 3 27 K/505/5291 Understanding Tour Pay 1 3 27 K/505/601993 Understanding Tour Pay 1 3 27 K/505/8645 Understanding Tour Pay 1 3 27 K/505/8645 Understanding Tour Pay 1 3 27 K/505/8645 Understanding Tour Pay 1 3 27 K/505/8616 Writing for Meaning Skills 1 3 27 I/505/8616	•				
Transforming Own Behaviour in Conflict					
Understand how to apply for housing					
Understand how to look after a new home	_				
Understand how to look after personal health and hygiene 1	111				
Nealth and hygiene				<u> </u>	1/304/1131
Understanding and Using Shapes	-	1	1	9	J/504/1152
Understanding Diversity within Society		1	3	27	R/503/9291
Understanding financial products and services					
Services			3	27	
Understanding HE: Raising Aspirations		1	1	9	L/504/1153
Understanding Motivation 1 1 9 D/506/5327 Understanding Own Response to Body Image 1 2 18 J/505/1244 Understanding Pay and Payslips 1 1 9 K/505/8610 Understanding Rights and Responsibilities of Citizenship 1 3 27 L/506/0673 Understanding Rights and Responsibilities of Citizenship 1 3 27 H/505/4099 Understanding Stress and Stress Management Techniques 1 3 27 R/505/1246 Understanding the Importance of a Balanced Diet and Regular Exercise 1 1 9 Y/506/0613 Understanding Welfare at Work 1 3 30 K/618/6307 Understanding Welfare at Work 1 3 27 M/506/1993 Understanding Welfare at Work 1 3 27 M/506/1993 Understanding Work-Based Placements 1 1 9 F/505/8611 Understanding Young People, Law and Order 1 3 27 R/505/5291 Understanding Your Pay 1 3<		1	2	18	K/505/8719
Understanding Own Response to Body Image		1	1	9	
Image			_	_	
Understanding Pay and Payslips		1	2	18	J/505/1244
Understanding Personal Awareness 1 3 27 L/506/0673		1	1	9	K/505/8610
Understanding Rights and Responsibilities of Citizenship 1 3 27 H/505/4099 Understanding Stress and Stress Management Techniques 1 3 27 R/505/1246 Understanding the Importance of a Balanced Diet and Regular Exercise 1 1 9 Y/506/0613 Understanding Welfare at Work 1 3 30 K/618/6307 Understanding Welfare at Work 1 3 27 M/506/1993 Understanding Welfare at Work 1 1 9 M/505/8611 Understanding Work-Based Placements 1 1 9 M/505/8611 Understanding Young People, Law and Order 1 3 27 R/505/4101 Understanding Your Pay 1 3 27 R/505/4291 Understanding Skills in the Domestic Kitchen 1 3 27 T/506/0790 Work Experience 1 3 27 T/505/8724 Work Placement 1 3 27 T/505/8616 Writing for Meaning Skills 1 3 27 D/503/3302 <td></td> <td>1</td> <td>3</td> <td>27</td> <td></td>		1	3	27	
of Citizenship 1 3 27 H/505/4099 Understanding Stress and Stress 1 3 27 R/505/1246 Management Techniques 1 3 27 R/505/1246 Understanding the Importance of a Balanced Diet and Regular Exercise 1 1 9 Y/506/0613 Understanding Welfare at Work 1 3 30 K/618/6307 Understanding Welfare at Work 1 3 27 M/506/1993 Understanding Welfare at Work 1 1 9 M/506/1993 Understanding Welfare at Work 1 1 9 M/506/1993 Understanding Welfare at Work 1 1 9 M/506/1993 Understanding Work-Based Placements 1 1 9 M/506/1993 Understanding Work-Based Placements 1 3 27 R/505/4101 Understanding Your Pay 1 3 27 A/505/5291 Understanding Your Pay 1 3 27 T/505/4446 Using Cooking Skills in the Domestic		_	_		
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Management Techniques 1 3 27 R/505/1246 Understanding the Importance of a Balanced Diet and Regular Exercise 1 1 9 Y/506/0613 Understanding Welfare at Work 1 3 30 K/618/6307 Understanding Welfare at Work 1 3 27 M/506/1993 Understanding Welfare at Work 1 1 9 M/505/8611 Understanding Work-Based Placements 1 1 9 F/505/8645 Understanding Young People, Law and Order 1 3 27 R/505/4101 Understanding Your Pay 1 3 27 A/505/5291 Undertaking an Enterprise Project 1 3 27 T/505/4446 Using Cooking Skills in the Domestic Kitchen 1 3 27 Y/506/0790 Work Experience 1 3 27 T/505/8724 Work Placement 1 3 27 R/504/8198 Work, Review and Plan 1 3 27 D/503/3302 Young Parenthood 1 2 18 K/506/0728 Optiona	Understanding Stress and Stress	4	2	27	D /505 /4046
Balanced Diet and Regular Exercise 1 1 9 Y/506/0613 Understanding Welfare at Work 1 3 30 K/618/6307 Understanding Welfare at Work 1 3 27 M/506/1993 Understanding Welfare at Work 1 1 9 M/505/8611 Understanding Work-Based Placements 1 1 9 F/505/8645 Understanding Young People, Law and Order 1 3 27 R/505/4101 Understanding Your Pay 1 3 27 A/505/5291 Undertaking an Enterprise Project 1 3 27 T/505/4446 Using Cooking Skills in the Domestic Kitchen 1 3 27 T/506/0790 Work Experience 1 3 27 T/506/0790 Work Placement 1 3 27 T/505/8616 Writing for Meaning Skills 1 3 27 L/505/8616 Writing for Meaning Skills 1 3 27 D/503/3302 Young Parenthood 1 2 18 K/506/0728 Optional Units		1	3	27	R/505/1246
Balanced Diet and Regular Exercise	Understanding the Importance of a	1	1	0	V/F06/0612
Understanding Welfare at Work 1 3 27 M/506/1993 Understanding what Volunteering is About 1 1 9 M/505/8611 Understanding Work-Based Placements 1 1 9 F/505/8645 Understanding Young People, Law and Order 1 3 27 R/505/4101 Understanding Your Pay 1 3 27 A/505/5291 Undertaking an Enterprise Project 1 3 27 T/505/4446 Using Cooking Skills in the Domestic Kitchen 1 3 27 Y/506/0790 Work Experience 1 3 27 T/505/8724 Work Placement 1 3 27 R/504/8198 Work, Review and Plan 1 3 27 L/505/8616 Writing for Meaning Skills 1 3 27 D/503/3302 Young Parenthood 1 2 18 K/506/0728 Optional Units Agriculture and Animal Care Assist with Animal Accommodation 1 2 18 T/505/8612	Balanced Diet and Regular Exercise	1	1	9	Y/506/0613
Understanding what Volunteering is About 1 1 9 M/505/8611 Understanding Work-Based Placements 1 1 9 F/505/8645 Understanding Young People, Law and Order 1 3 27 R/505/4101 Understanding Your Pay 1 3 27 A/505/5291 Undertaking an Enterprise Project 1 3 27 T/505/4446 Using Cooking Skills in the Domestic Kitchen 1 3 27 Y/506/0790 Work Experience 1 3 27 T/505/8724 Work Placement 1 3 27 R/504/8198 Work, Review and Plan 1 3 27 L/505/8616 Writing for Meaning Skills 1 3 27 D/503/3302 Young Parenthood 1 2 18 K/506/0728 Optional Units Assist with Animal Accommodation 1 2 18 T/505/8612	Understanding Welfare at Work	1	3	30	K/618/6307
Understanding what Volunteering is About 1 1 9 M/505/8611 Understanding Work-Based Placements 1 1 9 F/505/8645 Understanding Young People, Law and Order 1 3 27 R/505/4101 Understanding Your Pay 1 3 27 A/505/5291 Undertaking an Enterprise Project 1 3 27 T/505/4446 Using Cooking Skills in the Domestic Kitchen 1 3 27 Y/506/0790 Work Experience 1 3 27 T/505/8724 Work Placement 1 3 27 R/504/8198 Work, Review and Plan 1 3 27 L/505/8616 Writing for Meaning Skills 1 3 27 D/503/3302 Young Parenthood 1 2 18 K/506/0728 Optional Units Assist with Animal Accommodation 1 2 18 T/505/8612	Understanding Welfare at Work	1	3	27	M/506/1993
Understanding Young People, Law and Order 1 3 27 R/505/4101 Understanding Your Pay 1 3 27 A/505/5291 Undertaking an Enterprise Project 1 3 27 T/505/4446 Using Cooking Skills in the Domestic Kitchen 1 3 27 Y/506/0790 Work Experience 1 3 27 T/505/8724 Work Placement 1 3 27 R/504/8198 Work, Review and Plan 1 3 27 L/505/8616 Writing for Meaning Skills 1 3 27 D/503/3302 Young Parenthood 1 2 18 K/506/0728 Optional Units Agriculture and Animal Care Assist with Animal Accommodation 1 2 18 T/505/8612		1	1	9	M/505/8611
Order 1 3 27 R/505/4101 Understanding Your Pay 1 3 27 A/505/5291 Undertaking an Enterprise Project 1 3 27 T/505/4446 Using Cooking Skills in the Domestic Kitchen 1 3 27 Y/506/0790 Work Experience 1 3 27 T/505/8724 Work Placement 1 3 27 R/504/8198 Work, Review and Plan 1 3 27 L/505/8616 Writing for Meaning Skills 1 3 27 D/503/3302 Young Parenthood 1 2 18 K/506/0728 Optional Units Agriculture and Animal Care Assist with Animal Accommodation 1 2 18 T/505/8612	Understanding Work-Based Placements	1	1	9	F/505/8645
Order Understanding Your Pay 1 3 27 A/505/5291 Undertaking an Enterprise Project 1 3 27 T/505/4446 Using Cooking Skills in the Domestic Kitchen 1 3 27 Y/506/0790 Work Experience 1 3 27 T/505/8724 Work Placement 1 3 27 R/504/8198 Work, Review and Plan 1 3 27 L/505/8616 Writing for Meaning Skills 1 3 27 D/503/3302 Young Parenthood 1 2 18 K/506/0728 Optional Units Agriculture and Animal Care Assist with Animal Accommodation 1 2 18 T/505/8612	Understanding Young People, Law and	1	2	27	D/F0F/4101
Undertaking an Enterprise Project 1 3 27 T/505/4446 Using Cooking Skills in the Domestic Kitchen 1 3 27 Y/506/0790 Work Experience 1 3 27 T/505/8724 Work Placement 1 3 27 R/504/8198 Work, Review and Plan 1 3 27 L/505/8616 Writing for Meaning Skills 1 3 27 D/503/3302 Young Parenthood 1 2 18 K/506/0728 Optional Units Agriculture and Animal Care Assist with Animal Accommodation 1 2 18 T/505/8612	Order	1	3	21	K/505/4101
Using Cooking Skills in the Domestic Kitchen 1 3 27 Y/506/0790 Work Experience 1 3 27 T/505/8724 Work Placement 1 3 27 R/504/8198 Work, Review and Plan 1 3 27 L/505/8616 Writing for Meaning Skills 1 3 27 D/503/3302 Young Parenthood 1 2 18 K/506/0728 Optional Units Agriculture and Animal Care Assist with Animal Accommodation 1 2 18 T/505/8612	Understanding Your Pay	1	3	27	A/505/5291
Kitchen 1 3 27 Y/506/0790 Work Experience 1 3 27 T/505/8724 Work Placement 1 3 27 R/504/8198 Work, Review and Plan 1 3 27 L/505/8616 Writing for Meaning Skills 1 3 27 D/503/3302 Young Parenthood 1 2 18 K/506/0728 Optional Units Agriculture and Animal Care Assist with Animal Accommodation 1 2 18 T/505/8612	Undertaking an Enterprise Project	1	3	27	T/505/4446
Kitchen Mork Experience 1 3 27 T/505/8724 Work Placement 1 3 27 R/504/8198 Work, Review and Plan 1 3 27 L/505/8616 Writing for Meaning Skills 1 3 27 D/503/3302 Young Parenthood 1 2 18 K/506/0728 Optional Units Agriculture and Animal Care Assist with Animal Accommodation 1 2 18 T/505/8612	Using Cooking Skills in the Domestic	1	2	27	V/F06/0700
Work Placement 1 3 27 R/504/8198 Work, Review and Plan 1 3 27 L/505/8616 Writing for Meaning Skills 1 3 27 D/503/3302 Young Parenthood 1 2 18 K/506/0728 Optional Units Agriculture and Animal Care Assist with Animal Accommodation 1 2 18 T/505/8612	Kitchen	1	3	27	1/506/0790
Work, Review and Plan 1 3 27 L/505/8616 Writing for Meaning Skills 1 3 27 D/503/3302 Young Parenthood 1 2 18 K/506/0728 Optional Units Agriculture and Animal Care Assist with Animal Accommodation 1 2 18 T/505/8612	Work Experience	1	3	27	T/505/8724
Writing for Meaning Skills 1 3 27 D/503/3302 Young Parenthood 1 2 18 K/506/0728 Optional Units Agriculture and Animal Care Assist with Animal Accommodation 1 2 18 T/505/8612	Work Placement	1	3	27	R/504/8198
Young Parenthood 1 2 18 K/506/0728 Optional Units Agriculture and Animal Care Assist with Animal Accommodation 1 2 18 T/505/8612	Work, Review and Plan	1	3	27	L/505/8616
Optional Units Agriculture and Animal Care Assist with Animal Accommodation 1 2 18 T/505/8612	Writing for Meaning Skills	1	3	27	D/503/3302
Agriculture and Animal Care Assist with Animal Accommodation 1 2 18 T/505/8612	Young Parenthood	1	2	18	K/506/0728
Assist with Animal Accommodation 1 2 18 T/505/8612	Optional Units				
	Agriculture and Animal Care				
Assist with Feedstuffs for Small Animals 1 2 18 H/505/3051	Assist with Animal Accommodation	1	2	18	T/505/8612
	Assist with Feedstuffs for Small Animals	1	2	18	H/505/3051

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Assist with Maintaining the Health and Wellbeing of Animals	1	6	54	L/505/0726
Assist with the Care of Animals	1	2	18	A/505/8613
Developing Confidence Working With			27	
Animals	1	3	27	J/506/0476
Principles of the Care of Animals	1	2	18	M/505/8575
Building and Construction				
Assemble Units for Interiors	1	1	10	J/505/8601
Carpentry Hand Skills	1	3	27	J/503/2659
Constructing a Cavity Wall Using	1	2	27	1/504/0625
Bricklaying Skills	1	3	27	L/504/9625
Constructing a Half Brick Wall Using	1	3	27	Y/504/9627
Bricklaying Skills	1	5	27	1/304/9027
Constructing a One Brick Wide Wall using	1	3	27	H/504/9629
Bricklaying Skills	1	3	27	H/304/9029
Decorative Paint Effects for Interior Walls	1	3	27	L/505/4114
Developing Plumbing Skills	1	4	36	H/505/8668
Fitting Units for Interiors	1	1	10	M/505/0539
Fix and Fit Work Surfaces	1	1	10	R/505/8603
Health and Safety in Construction	1	3	30	D/505/1363
Introduction to Plastering Techniques	1	3	27	R/505/4969
Plastering Techniques	1	3	27	R/504/9643
Preparing Ceilings and Walls for Decoration	1	3	27	Y/504/9644
Use and Maintain Woodworking Tools	1	3	27	A/505/8725
Use of Tools and Equipment for Bricklaying	1	3	27	F/505/8614
Using Floor and Wall Tiling Techniques	1	3	27	H/504/9646
Using Painting Skills for Interior Ceilings	1	3	27	V/E04/0647
and Walls	1	3	27	K/504/9647
Using Plastering Skills - Floating Coat to an	1	3	27	M/504/9648
Attached Pier	1	5	27	101/304/9048
Using Plastering Skills - Plastering to a	1	3	27	T/504/9649
Window Reveal	1	3	27	1/304/3043
Wallpapering Skills	1	3	27	D/506/5330
Business Management				
Business Communication	1	3	27	F/505/4109
Understanding Time Management in the	1	2	18	R/505/8584
Workplace	1	2	10	N/303/8384
Child Development and Well Being				
Caring for Young Children	1	3	27	T/505/3054
Caring for Your Baby	1	3	27	M/505/8933
Developing Skills for Listening to Children	1	3	27	H/503/8193
The Physical and Psychological Needs of Children	1	3	27	K/505/1611
Understanding Play	1	3	27	Y/504/9613
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Using Craft Activities with Children and				
Young People	1	3	27	D/504/9614
Crafts, Creative Arts and Design				
Garment Construction Skills: Making a	_		0-	//
Simple Top	1	3	27	K/505/8560
Industrial Fabric Printing	1	6	54	R/505/8729
Tools and Equipment for Garment Making	1	3	27	K/505/8803
Using Commercial Garment Patterns	1	3	27	K/506/5329
Using Craft Skills with Natural Materials	1	3	27	T/505/8609
Environmental Conservation				
Understanding Ecology and Conservation	1	3	27	Y/505/6576
Health and Social Care				
Introduction to Care Work	1	2	10	M/504/6524
Understanding Nutrition, Performance and	1	3	27	R/505/3269
Healthy Eating	-	3	27	11/303/3203
Understanding the Principles of Care,			0.7	. /505 /0000
Organisational Policies and the Role of the Care Worker	1	3	27	J/505/8808
Horticulture and Forestry				
Sowing and Growing Techniques	1	3	27	H/505/8797
Organic Horticulture	1	3	27	L/505/0600
Cultivating Compost and Soils	1	3	27	L/506/1015
Cultivating Compost and Sons Cultivating Herbs	1	3	27	R/503/2714
Developing Skills in Garden Horticulture	1	3	27	T/504/2880
ICT			_ /	1750 172000
Design Software	1	3	20	A/505/6389
Desktop Publishing Software	1	3	20	R/505/3059
Imaging Software	1	3	20	R/505/3062
IT Communication Fundamentals	1	2	15	T/505/6391
IT Software Fundamentals	1	3	20	A/505/6392
Multimedia Software Skills	1	3	27	M/505/1688
Presentation Software	1	3	20	M/505/3201
Spreadsheet Software	1	3	20	F/505/3204
Using Email	1	2	15	L/505/3271
Using Mobile IT Devices	1	2	15	Y/505/3273
Using the Internet	1	3	20	H/505/3275
Video Software Skills	1	2	18	F/505/1730
Word Processing Software	1	3	20	D/505/6398
Performing Arts				
Creative Writing Skills	1	3	27	M/505/4042
Song Writing Skills	1	3	24	D/504/7166
Sound and Audio Production Skills	i	ļ	 	
	1	3	27	L/505/0998
Technical Skills for Performance in the Arts	1 1	3	27 27	L/505/0998 M/505/8723

Basic Food Preparation and Cooking 1 3 30 K/505/3052 Customer Service in the Hospitality 1 3 20 F/505/3056 Industry 1 3 20 F/505/3056 Introduction to the Hospitality Industry 1 2 20 A/505/3198 Preparing and Serving Drinks 1 3 27 D/505/8636 Salon Reception Duties 1 3 27 A/506/1043 Understanding Customer Service 1 3 27 A/506/1043 Using Kitchen Equipment 1 10 T/502/5075 Sport, Leisure and Recreation Developing Angling Skills 1 3 27 I/505/8629 Participating in Leisure Activities 1 3 27 I/505/8629 Planning a Trip to a Visitor Attraction 1 3 25 H/504/4993 Taking Part in Exercise and Fitness 1 3 27 I/505/8631 Taking Part in Sport 1 3 27 I/505/8631 Taking Part in Sport 1 3 27 I/505/8631 Transport, Operations and Maintenance Checking and Maintaining a Car's Tyre Pressure and Tread 1 9 D/505/0603 Transport, Operations and Maintenance 1 2 18 F/505/8631 Transport and Car Parts 1 1 9 D/505/0604 Responsible Road Vehicle Ownership and Use 1 2 18 R/506/5325 Tools, Equipment and Materials for Vehicle 1 4 36 K/505/869 Entry 3 Units 1 2 3 3 3 3 3 3 3 3 3	Retail and Commercial Enterprise					
Customer Service in the Hospitality Industry		1	3	30	K/505/3052	
Industry		_				
Food Service		1	3	20	F/505/3056	
Introduction to the Hospitality Industry		1	2	18	J/505/3060	
Preparing and Serving Drinks 1 3 27 D/505/8636 Salon Reception Duties 1 3 22 H/504/9601 Understanding Customer Service 1 1 1 1 1 0 T/502/5075 Sport, Leisure and Recreation <td and="" of="" pr<="" property="" rows="" td="" the=""><td></td><td></td><td></td><td></td><td></td></td>	<td></td> <td></td> <td></td> <td></td> <td></td>					
Salon Reception Duties						
Understanding Customer Service						
Using Kitchen Equipment	-					
Sport, Leisure and Recreation	_					
Developing Angling Skills				_	, , , , , ,	
Participating in Leisure Activities 1 3 27 L/505/0659 Planning a Trip to a Visitor Attraction 1 3 25 H/504/7993 Planning own Fitness Programme 1 4 30 D/504/8947 Take part in Exercise and Fitness 1 3 27 D/505/8801 Taking Part in Sport 1 3 27 D/506/4713 Using an Ordnance Survey Map 1 2 18 F/505/8631 Transport, Operations and Maintenance 1 9 D/505/6603 Checking and Maintaining a Car's Tyre Pressure and Tread 1 1 9 D/505/0603 Identification of Basic External and Internal Car Parts 1 3 27 H/505/0604 Maintaining a Wheeled Vehicle for Personal Use 1 2 18 M/504/8578 Repair a Cycle Puncture 1 1 9 M/504/8578 Repair a Cycle Puncture 1 1 9 M/506/6325 Tools, Equipment and Materials for Vehicle 1 4 36<		1	3	27	J/505/8629	
Planning a Trip to a Visitor Attraction 1 3 25 H/504/7993 Planning own Fitness Programme 1 4 30 D/504/8947 Take part in Exercise and Fitness 1 3 27 D/505/8801 Taking Part in Sport 1 3 27 R/505/1330 The Angling Environment 1 3 27 D/506/4713 Using an Ordnance Survey Map 1 2 18 F/505/8631 Transport, Operations and Maintenance Checking and Maintaining a Car's Tyre Pressure and Tread 1 1 9 D/505/0603 Identification of Basic External and Internal Car Parts 1 3 27 H/505/0604 Maintaining a Wheeled Vehicle for Personal Use 1 2 18 M/504/8578 Repair a Cycle Puncture 1 1 9 M/504/8578 Responsible Road Vehicle Ownership and Use 1 2 18 R/506/5325 Tools, Equipment and Materials for Vehicle Maintenance 1 4 36 K/505/8669 <td></td> <td></td> <td></td> <td></td> <td></td>						
Planning own Fitness Programme						
Take part in Exercise and Fitness 1 3 27 D/505/8801 Taking Part in Sport 1 3 27 R/505/1330 The Angling Environment 1 3 27 D/506/4713 Using an Ordnance Survey Map 1 2 18 F/505/8631 Transport, Operations and Maintenance Checking and Maintaining a Car's Tyre Pressure and Tread 1 1 9 D/505/0603 Transport, Operations and Maintenance Checking and Maintaining a Car's Tyre Pressure and Tread 1 1 9 D/505/0603 Hessure and Tread 1 2 18 M/505/0604 Car Parts 1 2 18 M/505/0604 Maintaining a Wheeled Vehicle for Personal Use 1 2 18 M/504/8578 Repair a Cycle Puncture 1 1 2 18 R/506/5325 Tools, Equipment and Materials for Vehicle Maintenance 1 4 36 K/505/8669 Entry 3 Units						
Taking Part in Sport 1 3 27 R/505/1330 The Angling Environment 1 3 27 D/506/4713 Using an Ordnance Survey Map 1 2 18 F/505/8631 Transport, Operations and Maintenance Checking and Maintaining a Car's Tyre Pressure and Tread 1 1 9 D/505/0603 Identification of Basic External and Internal Car Parts 1 3 27 H/505/0604 Maintaining a Wheeled Vehicle for Personal Use 1 2 18 M/504/8578 Repair a Cycle Puncture 1 1 9 M/504/9584 Responsible Road Vehicle Ownership and Use 1 2 18 R/506/5325 Tools, Equipment and Materials for Vehicle Maintenance 1 4 36 K/505/8669 Entry 3 Units 8 2 18 K/505/8669 Accessing Public Transport E3 3 30 L/504/9592 Alcohol and Drug Misuse Awareness E3 3 30 K/505/8783 Amenity Horticulture Skills <td></td> <td></td> <td></td> <td></td> <td></td>						
The Angling Environment						
Using an Ordnance Survey Map						
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Basic Performance Skills E3 3 30 D/505/1007						
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	Career Preparation	E3	1	10		

Check that a Small Animal is Healthy	E3	2	20	L/504/9561
Checking and Maintaining Car Tyre	L3	2	20	L/304/9301
Pressures and Tread	E3	1	10	T/505/4401
Checking and Maintaining Fluid Levels on a Car	E3	1	10	L/505/0094
		1	10	1/504/0574
Clean and Prepare a Cycle for Use	E3	1	10	J/504/9574
Clearing and Weeding a Garden	E3	2	20	F/505/0397
College Induction	E3	3	30	D/504/8124
Communication Between Children Aged 0-	E3	3	30	F/504/9606
3 Years and Adults		_		- 1- 0- 1 - 0- 0
Computer Basics	E3	1	10	R/505/1652
Computer Security and Privacy	E3	1	10	L/505/8535
Data Management Software	E3	2	15	H/505/6368
Design and Imaging Software	E3	2	15	H/505/6371
Desktop Publishing Software	E3	2	15	F/505/3185
Developing an Awareness of Soil Types and	E3	3	30	D/505/6451
Garden Habitats	LJ	3	30	D/303/0431
Developing Confidence Working With	E3	3	30	R/504/9562
Animals	LS	3	30	11/304/3302
Developing Skills for a Healthy Lifestyle	E3	3	30	Y/506/5312
Developing Skills for Gaining Employment	E3	3	30	F/504/8519
Developing Skills for Using and Maintaining	E3	3	30	D/F0F/646F
Garden Tools	E3	3	30	D/505/6465
Digital Lifestyle	E3	2	20	K/505/1673
Discover Local History	E3	3	30	A/505/3606
Diversity in Society	E3	3	30	T/504/8565
Drug and Alcohol Misuse Awareness	E3	3	30	A/505/8708
Emotional Intelligence	E3	3	30	J/505/3737
Employment Contracts and Payslips	E3	1	10	K/505/3746
Engage in Discussion	E3	1	10	F/503/3048
Environmental Sustainability	E3	1	10	J/505/8503
Food Safety and Storage	E3	3	30	J/505/8646
Garment Making	E3	3	30	Y/505/3600
Getting to Know Woodlands	E3	3	30	M/505/6468
Grammar and Punctuation in Practical Use	E3	1	10	A/506/1768
Groom a Small Animal	E3	2	20	D/505/0777
Hair Plaiting	E3	3	30	F/505/8595
Hairdressing: Introduction to Assisting a				, ,
Stylist	E3	3	30	L/505/3187
Health and Safety Awareness	E3	1	10	A/504/9913
Health and Safety in Construction	E3	3	30	H/505/1381
Home and Personal Safety Awareness	E3	3	30	H/504/8433
Human Growth and Development	E3	3	30	R/505/3675
Identification of Basic External and Internal				, ,
Car Parts	E3	1	10	R/505/3188

Indoor Team Games	Improving Own Fitness	E3	3	30	L/505/8549
Introduction to a Training Course E3					
Introduction to Assertiveness and Decision Making Skills					
Making Skills E3 3 30 Y/505/8568 Introduction to Carpentry and Joinery E3 3 30 X/505/3192 Introduction to Cultivating plant cuttings E3 3 30 A/504/5330 Introduction to Customer Service Skills E3 3 30 A/505/8597 Introduction to Developing Parenting Skills E3 3 30 D/505/8569 Introduction to Developing Skills for Caring for your Child E3 3 30 M/505/8785 Introduction to Food and Nutrition for Children and Young People E3 3 30 R/505/8210 Introduction to Food, Drink and Cooking E3 3 30 R/505/820 Introduction to Garden Maintenance Skills E3 3 30 T/505/8786 Introduction to Group and Teamwork E3 3 30 R/505/8570 Introduction to Leoping the work area clean, tidy and safe in a retail environment E3 3 30 T/505/8786 Introduction to Looking after Customers in a Retail Environment E3 2 20 J/505/8402		LS	3	30	11/304/0433
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For your Child		LS	3	30	<i>D</i> /303/0303
Introduction to Food and Nutrition for Children and Young People		E3	3	30	M/505/8785
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Introduction to Understanding Sex and Relationships Introduction to Using the Internet for Shopping Issues of Substance Misuse IT User Fundamentals It User Fundamentals It User Fundamentals It User Fundamentals It Interest Inter	Introduction to Propagation of Plants	E3	3	30	Y/505/3211
Relationships E3 3 30 H/505/85/3 Introduction to Using the Internet for Shopping E3 1 10 L/506/5307 Issues of Substance Misuse E3 1 10 A/504/8437 IT User Fundamentals E3 2 20 K/505/3214 Living in the Community E3 3 30 R/505/8598 Making Choices in Pursuit of Personal Goals E3 3 30 J/506/0574 Managing Social Relationships E3 2 20 H/505/8623 Motor Vehicle Workshop Tools and Equipment E3 2 20 A/505/0107 Needle/Textile Crafts E3 3 30 D/505/5686 Participating in a Vocational Taster E3 2 20 R/506/5308 Personal Budgeting and Managing Money E3 3 30 D/506/5313 Personal Digital Photograph Processing E3 1 10 F/505/1677	Introduction to Road Safety	E3	3	30	F/505/8712
Introduction to Using the Internet for Shopping Issues of Substance Misuse E3 1 10 L/506/5307 Issues of Substance Misuse E3 1 10 A/504/8437 IT User Fundamentals E3 2 20 K/505/3214 Living in the Community E3 3 30 R/505/8598 Making Choices in Pursuit of Personal Goals Managing Social Relationships E3 3 30 J/506/0574 E3 A/505/0107 Reedle/Textile Crafts E3 B3 B3 B3 B3 B3 B3 B3 B3 B3	Introduction to Understanding Sex and	F-2	2	20	11/505/0572
Shopping E3	Relationships	E3	3	30	H/505/85/3
Shopping Issues of Substance Misuse E3	Introduction to Using the Internet for	F-2	4	4.0	1 /506/5007
IT User Fundamentals E3 2 20 K/505/3214 Living in the Community E3 3 30 R/505/8598 Making Choices in Pursuit of Personal Goals E3 3 30 J/506/0574 Managing Social Relationships E3 2 20 H/505/8623 Motor Vehicle Workshop Tools and Equipment Reedle/Textile Crafts E3 2 20 A/505/0107 Needle/Textile Crafts E3 3 30 D/505/5686 Participating in a Vocational Taster E3 2 20 R/506/5308 Personal Budgeting and Managing Money E3 3 30 D/506/5313 Personal Digital Photograph Processing E3 Community E4 E5 Community E3 Community E4 E5 E5 Community E5 Community E3 Community E3 Community E3 Community E4 E5 E5 Community E3 Communit	Shopping	E3	1	10	L/506/5307
Living in the Community E3 3 R/505/8598 Making Choices in Pursuit of Personal Goals E3 3 30 J/506/0574 E3 Motor Vehicle Workshop Tools and Equipment Needle/Textile Crafts Participating in a Vocational Taster Personal Budgeting and Managing Money E3 3 30 J/506/0574 E3 2 20 A/505/0107 E3 3 30 D/505/5686 Participating in a Vocational Taster E3 2 20 R/506/5308 Personal Digital Photograph Processing E3 1 10 F/505/1677	Issues of Substance Misuse	E3	1	10	A/504/8437
Making Choices in Pursuit of Personal Goals E3 3 J/506/0574 Managing Social Relationships E3 2 20 H/505/8623 Motor Vehicle Workshop Tools and Equipment Needle/Textile Crafts E3 2 20 A/505/0107 Needle/Textile Crafts E3 3 30 D/505/5686 Participating in a Vocational Taster E3 2 20 R/506/5308 Personal Budgeting and Managing Money E3 3 30 D/506/5313 Personal Digital Photograph Processing E3 1 F/505/1677	IT User Fundamentals	E3	2	20	K/505/3214
Goals Managing Social Relationships E3 2 20 H/505/8623 Motor Vehicle Workshop Tools and Equipment Needle/Textile Crafts E3 2 20 A/505/0107 Redle/Textile Crafts E3 3 30 D/505/5686 Participating in a Vocational Taster E3 2 2 R/506/5308 Personal Budgeting and Managing Money E3 3 3 D/506/0574 E3 2 D/505/8623 A/505/0107 E3 3 D/506/5313 Personal Digital Photograph Processing E3 1 D/505/1677	Living in the Community	E3	3	30	R/505/8598
GoalsE3220H/505/8623Motor Vehicle Workshop Tools and EquipmentE3220A/505/0107Needle/Textile CraftsE3330D/505/5686Participating in a Vocational TasterE3220R/506/5308Personal Budgeting and Managing MoneyE3330D/506/5313Personal Digital Photograph ProcessingE3110F/505/1677	Making Choices in Pursuit of Personal	F2	2	20	1/500/0574
Motor Vehicle Workshop Tools and EquipmentE3220A/505/0107Needle/Textile CraftsE3330D/505/5686Participating in a Vocational TasterE3220R/506/5308Personal Budgeting and Managing MoneyE3330D/506/5313Personal Digital Photograph ProcessingE3110F/505/1677	Goals	E3	3	30	J/506/05/4
Equipment Needle/Textile Crafts E3 2 A/505/0107 Needle/Textile Crafts E3 3 D/505/5686 Participating in a Vocational Taster E3 2 R/506/5308 Personal Budgeting and Managing Money E3 3 D/506/5313 Personal Digital Photograph Processing E3 1 F/505/1677	Managing Social Relationships	E3	2	20	H/505/8623
Needle/Textile Crafts E3 Barticipating in a Vocational Taster Personal Budgeting and Managing Money E3 Barticipating in a Vocational Taster E4 Bartic	Motor Vehicle Workshop Tools and	F2	2	20	A /FOF /0407
Participating in a Vocational TasterE3220R/506/5308Personal Budgeting and Managing MoneyE3330D/506/5313Personal Digital Photograph ProcessingE3110F/505/1677	Equipment	E3	2	20	A/505/010/
Personal Budgeting and Managing MoneyE3330D/506/5313Personal Digital Photograph ProcessingE3110F/505/1677	Needle/Textile Crafts	E3	3	30	D/505/5686
Personal Digital Photograph Processing E3 1 10 F/505/1677	Participating in a Vocational Taster	E3	2	20	R/506/5308
	Personal Budgeting and Managing Money	E3	3	30	D/506/5313
Personal Learning Goals E3 3 30 A/505/8787	Personal Digital Photograph Processing	E3	1	10	F/505/1677
	Personal Learning Goals	E3	3	30	A/505/8787

Personal Study Skills	E3	3	30	L/505/3741
Physical Performance Skills	E3	3	30	Y/505/3595
Plan and Participate in Short Walks	E3	3	30	L/506/4481
Planning for Personal Development	E3	1	10	K/505/3665
Planting in a Container	E3	3	30	D/505/0407
Preparation for Production Skills	E3	3	30	M/505/3683
Preparation for Work Experience	E3	1	10	L/505/8583
Preparing for a Recruitment Interview	E3	2	20	Y/505/3743
Presentation Software	E3	2	20	A/505/3217
Reading Grammar and Punctuation	E3	1	10	H/503/3155
Reception and Filing Skills	E3	3	30	H/505/3194
Recognise Trees and Plants and their			2.0	11/504/0565
Importance to Wildlife	E3	2	20	H/504/9565
Recognise Types and Parts of the Body of	F2	2	20	W/504/0566
Small Animals	E3	2	20	K/504/9566
Recognising Employment Opportunities	E3	1	10	K/504/8529
Recognising Own Skills for Personal	F2	2	20	D/505/0050
Development	E3	3	30	D/505/8958
Respecting Children	E3	3	30	J/504/9610
Routine Vehicle Checks	E3	2	20	F/505/3221
Routine Wheel and Tyre Checks	E3	2	20	J/505/3222
Serving Food and Drink	E3	2	20	T/505/6133
Skills for Employability	E3	3	30	F/505/8788
Skills for Shopping	E3	3	30	A/504/8695
Sowing and Growing Plants	E3	3	30	K/505/3195
Speaking to Communicate	E3	1	10	F/506/0671
Spelling and Handwriting Skills	E3	1	10	A/503/3159
Spreadsheet Software	E3	2	15	L/505/3223
Take Part in an Activity	E3	2	20	T/504/8713
Taking Part in Sport	E3	3	30	F/505/8600
Teamwork Skills	E3	2	20	R/505/5698
The Internet and World Wide Web	E3	1	10	T/505/8545
The Local Community	E3	1	10	F/505/3672
Understanding Family Relationships	E3	3	30	D/505/1279
Understanding How and Why to Support	F2	2	20	D /505 /0572
Children in Family Learning	E3	3	30	D/505/8572
Understanding Self and Others	E3	3	30	K/506/0678
Using a Personal Learning Programme	E3	3	30	J/505/8789
Using Computers for Family Learning	E3	2	20	A/504/8857
Using Email	E3	1	10	Y/505/3225
Using Graphics Software	E3	1	10	J/504/8960
Using Mixed Media in 2D	E3	3	30	J/505/3608
Using Mobile IT Devices	E3	1	10	L/505/6378
Using the Telephone and Photocopier	E3	3	30	A/505/8790
Valeting a Car Interior	E3	1	10	T/505/8707
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Volunteering	E3	2	20	M/505/8592
Washing a Car Exterior	E3	1	10	L/505/0418
Word Processing Software	E3	2	15	M/505/3229
Work Experience	E3	3	30	L/504/8720
Writing Composition Skills	E3	1	10	T/506/1770
Young People, Law and Order	E3	3	30	K/505/3679
Level 2 Units				
Aspects of Citizenship	2	3	24	Y/504/8512
Care Planning Skills for the Care Worker	2	3	24	D/505/8703
Career Planning	2	3	20	A/505/1225
Careers in Leisure and Tourism	2	3	24	J/505/4810
Communication in the Workplace	2	3	24	L/503/7619
Dementia Awareness	2	2	16	A/505/8935
Developing Personal Learning Skills	2	3	24	Y/506/5374
Drug Awareness	2	3	24	J/506/0588
Equality and Diversity	2	3	24	R/505/1974
Group and Teamwork Communication	2	3	24	D/E0E/903E
Skills	2	3	24	R/505/8925
Health and Safety Awareness in a Working	2	3	24	M/504/8693
Environment	2	3	24	101/304/8093
Interpersonal Skills	2	3	24	H/505/5060
Introduction to Mentoring	2	1	8	H/505/8671
Leadership Skills	2	3	24	R/505/7192
Learning from Volunteering	2	2	16	D/505/7194
Making Choices in Pursuit of Personal	2	3	24	J/505/5052
Goals		3	27	
Managing Your Own Learning	2	3	24	K/505/8915
Mentoring Practice	2	2	16	A/505/1287
Mentoring Skills	2	3	24	J/505/1289
Nutrition and Weight Management	2	6	48	T/504/8968
Personal and Social Responsibility	2	3	24	M/505/5109
Personal Budgeting and Managing Money	2	3	24	K/503/3173
Personal Development Skills	2	3	24	H/505/5057
Personal Risk	2	1	8	Y/505/5119
Prejudice and Discrimination	2	3	24	A/504/8843
Preparation for a Recruitment Interview	2	2	16	J/506/5340
Problem Solving Skills	2	3	24	L/506/5341
Recognising and Dealing with Bullying	2	2	16	M/505/0802
Recognising Employment Opportunities	2	1	8	H/505/5124
Recognising Issues of Substance Misuse	2	1	8	L/505/1262
Sex and Relationships Education	2	3	24	Y/504/2886
Skills in Providing Personal Care in Care	2	3	24	Y/505/8926
Settings				
Sound and Audio Production Skills	2	3	24	D/505/4974
Speaking and Listening Skills	2	3	24	Y/503/3377

				,
Taking Part in Sport for Personal	2	3	24	M/505/7233
Improvement	2	3	24	101/303/7233
Team Building Skills	2	3	24	H/504/8657
Teamwork Skills	2	2	16	D/504/9516
The Role of the Care Worker in Caring for	2	3	24	T/504/9084
the Person with Dementia	2	3	24	1/304/3004
Understanding Ageing and the Older	2	3	24	A /EOE /4674
Person	2	3	24	A/505/4674
Understanding Business Organisations	2	3	24	F/504/9587
Understanding Continence Care	2	3	24	L/505/8888
Understanding Counselling Theories	2	3	24	M/505/8883
Understanding Customer Service	2	3	24	K/503/2668
Understanding Health Promotion in Care	2	2	2.4	A /FOF /0027
Settings	2	3	24	A/505/8837
Understanding how to Meet the Physical	2	3	24	E/ENE/0020
Needs of Children	2	5	24	F/505/8838
Understanding Mental Health	2	3	24	L/505/4680
Understanding the Intellectual and				
Language Development of Children from	2	3	24	A/506/5366
Birth to Eight				
Understanding Welfare at Work	2	3	24	D/506/5344
Understanding Young People, Law and	2	2	24	V/E0E/9012
Order	2	3	24	Y/505/8912
Undertaking an Enterprise Project	2	3	24	H/504/8867
Work Experience	2	3	24	H/504/8884

Contact & Further Information

New Centres please email hello@ascentis.co.uk or call 01524 845046.

Existing Centres please visit the login area of our website, <u>www.ascentis.co.uk</u>, to view the full specification.

Product Development for enquiries please email development@ascentis.co.uk.